

Newsletter of the Pastoral District of Southern Vales, Diocese of The Murray, SA

#### Fr Phil writes...

Ash Wednesday, which falls on 17th February, marks the beginning of Lent, ending on Easter Eve. The six Sundays that fall within this period are not part of Lent and so the season is actually forty days. Sundays were excluded because they were weekly commemorations of the first Easter. It was therefore inappropriate to regard them as days of fasting.

In early Christian history Lent was strictly observed as a time of fasting. Flesh meat, fish and eggs were forbidden and only one meal a day (towards evening) was permitted. The purpose of fasting was "to strengthen the spiritual life by weakening the attraction of sensible pleasures" (Oxford Dictionary of the Christian Church).

From this the Shrove Tuesday tradition of eating pancakes began. It was an opportunity for a feast to highlight the Lenten discipline.

In recent times the practice of "giving up things for Lent" has fallen into disuse, but there are good reasons why it ought to be revived:

- 1. It reminds us that we ought to be dependent on God Himself and not on the gifts he gives us.
- 2. It allows us to give something extra to those not as well off as we are.
- 3. Most of us eat, drink and use more resources than we need and ought to cut back a little.
- 4. The discipline involved in going without reminds us of the discipline required in our spiritual life.

It is also suggested that we undertake "something extra", a spiritual exercise of some kind. Most parishes provide extra activities to help in this area. We will be offering a Lenten Study available at different times throughout the parish. Details can be found below.

In this small way we can use Lent as a forty day journey during which we allow ourselves to be drawn closer to Christ so that we may share in his suffering, death and resurrection.

I wish you a holy Lent and a joyful Easter. Phil

#### LENT BIBLE STUDIES 2010

If you would like to join a group, let Ted Sandercock know-ph 8556 4535.

"Becoming the Message we Preach and the Meal we Celebrate: A Lenten Journey with Jonah & Jesus."

Study based on Matthew 12:40 by the Rev'd Dr Matthew Anstey, Principal-elect, St Barnabas' College.

Studies will run from Sunday 21 February to Wednesday 31 March:

- 10.30 am Sundays at St Philip & St James Old Noarlunga. Leader: Judith Wells
- 10.30 am Sundays at St Ann's, Aldinga. Leaders: Anne Chittleborough et al
- 10 am Wednesdays at St Margaret's McLaren Vale. Leader: Ted Sandercock
- 7.00 pm Thursdays TBA (Home Study)

If you have news of coming events or noteworthy happenings in the Pastoral District of Southern Vales which you would like to share with the rest of the parish, please contact the editor, Anne Chittleborough, 23 The Esplanade, Pt Willunga 5173, Ph 8556 5078 or email machit@comstech.com.au, preferably by 15th February.

With *The Grapevine* now appearing on the parish website http://www.southernvalesparish.org and including photos and some contact details, remember to notify the Editor if you don't want to have anything about you included in *The Grapevine* in this format.

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February

Monday 1st Mothers' Union St Stephen's Willunga 9.30 am

Enquiries: Barb Jeanes 8556 4440

Tuesday 2nd PRESENTATION OF CHRIST AT THE TEMPLE

Eucharist St Margaret's 9 am

Wednesday 3rd Anglican Service at Colton Court 11 am Parish Breakfast St Margaret's 9-11 Saturday 6th Sunday 7th Gold Coin Collection for CPS\* workers Monday 8th

St Ann's Guild 1.30 pm

Enquiries: Val Martin 8556 6100

Tuesday 9th St Margaret's Guild 2 pm

Enquiries: Fran Pettigrew 8323 9366

Thursday 11th Colton Court singers 11 am-12

Enquiries: Sylvia Francis 8323 0007

Sunday 14th **ORDINATION CANDIDATES SUNDAY** MU Special Service 2.30 pm (see p. 8)

Tuesday 16th SHROVE TUESDAY

> Evening Prayer St Margaret's 6 pm Pancake tea St Margaret's 6.30 pm

Wednesday 17th **ASH WEDNESDAY** 

Services St Margaret's McLaren Vale 9 am

St Ann's Aldinga 7 pm

Women's Fellowship St Margaret's, 10 am Enquiries: Margaret Cameron 8556 2343

Sunday 21st Parish Council St Margaret's 2 pm

Wednesday 24th **MATTHIAS** 

> Parish Prayer Group St Margaret's 10 am, combined with the Lenten Study Group Enquiries: Gillian Clampett 8556 5998

1st Soup Supper & Speaker St Ann's 6 pm Evening prayers in the church 6.30 Soup & speaker in the hall

Friday 26th St Ann's Family Tea 6.30—8.30 pm

Enquiries: Bill Cale 8556 5236

**COMBINED SERVICE, ST MARGARET'S** 10 am Sunday 28th

ANNUAL VESTRY MEETING FOLLOWING

March

Monday 1st Mothers' Union AGM St Margaret's 9.30 am Wednesday 3rd 2<sup>nd</sup> Soup Supper & Speaker, St Ann's 6; 6.30 World Day of Prayer Aldinga U.C. 7.30 (see p. 8) Friday 5th Sunday 7th Gold Coin Collection for CPS\* workers

**Parish Luncheon** at the Gortons' (next column)

Monday 8th St Ann's Guild 1.30 pm Tuesday 9th St Margaret's Guild 2 pm

Wednesday 10th 3rd Soup Supper & Speaker, St Ann's, 6; 6.30 pm

Colton Court singers 11 am-12 Thursday 11th

Sunday 14th **Parish Picnic** 

Wednesday 17th Women's Fellowship St Margaret's, 10 am 4th Soup Supper & Speaker, St Ann's, 6; 6.30

Saturday 20th St Ann's Jumble Sale

Wednesday 24th Parish Prayer Group St Margaret's 10 am combined with the Lenten Study Group

Thursday 25th **ANNUNCIATION to the BLESSED VIRGIN MARY** 

MU Lady Day service St Margaret's 11 am St Ann's Family Tea 6.30—8.30 pm

Friday 26th

Sunday 28th **PALM SUNDAY** 

**COMBINED SERVICE** St Ann's 10 am

#### PANCAKES!!

Bring the family & bring your friends...

There will be a service of **Evening prayer at St Margaret's at** 6 pm on Shrove Tuesday 16th February,

followed by a Pancake Tea at 6.30 pm. Please bring a sweet or savoury filling to share.

Contributions of eggs, plain flour and milk can be handed to your wardens on Sunday 14th February.

And... bring your 2008 palm crosses to be burnt for Ash Wednesday.

#### PARISH PICNIC

Sunday 14th March (Mothering Sunday) in the grounds of the National Trust Willunga. Watch your pew sheet and next month's Grapevine for more details.

#### PARISH PRAYER GROUP

During Lent, for the months of February and March, the Parish Prayer Group will combine with the Wednesday Lenten Study group.

#### **VESTRY 2010**

The Vestry meeting is the "Annual General Meeting" of the parish, when reports are presented, elections held, and everyone has the opportunity to ask questions and make suggestions.

#### Be there!

Sunday 28th February, St Margaret's, following the 10 am combined service. Shared lunch to follow.

#### **WORLD DAY OF PRAYER**

5th March see p. 8



#### 'Soup of the evening, beautiful soup...'

#### St Ann's South Road, Aldinga Wednesday evenings 24th Feb—17th March

By popular request St Ann's will be holding Soup Suppers again this year, on four consecutive Wednesday evenings in Lent. Offering a tempting and delicious variety of soups, with bread and water and fresh seasonal fruit, these meals are more a feast than a fast, and food for thought is provided by an interesting speaker.



After prayers in the church at 6.00 pm, soup is served in the hall at 6.30 pm and an address by the speaker follows, all concluding by 8.30. For this year's speakers see below.

Come alone or with a friend. Your \$4 donation covers costs and contributes to a parish donation to mission.

#### Wednesday 24th February: Peter and Liz Linn: A Book Project for Lesotho Schools

Reading is not part of African culture, but reading skills are essential for student development. David and Liz Linn have found a way to help Mme Mosa Muso of the Maseru Transformation Resource Centre and school teachers

realise their dream of providing library books for primary school children to read.

David and Liz have been hooked by



Africa! They will share their story which began in 1968 and culminated in 2 visits in 2009, with bits for book lovers and monarchists.

## Wednesday 10th March: Paul Zimmerman: Working with People with Disabilities

Paul writes: Born in Newcastle NSW, I have worked with people most of my working life. I was a Prison Officer for fifteen years. After leaving the Service I studied at TAFE and gained my Welfare Certificate, and



started to work in the disability field, working in Group Homes in NSW. When I moved to Adelaide I gained employment with Minda Inc. At present I work in a Group Home at Reynella, in a household which has five adult residents (32-46 years old) with various needs. I work night shifts starting at 3 pm and finishing the next day at

10 am—a long shift, but I can have a sleep overnight. My presence is needed in case of sickness.

#### Wednesday 3rd March: Peter Burke:

#### A Journey of Parish Community Care

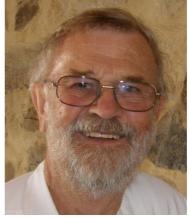
Peter's journey of parish community care began while he was a social work student at his parish of St Mark's Fitzroy. From there and beyond Peter learnt a great deal about how parishes can engage in local community care as an expression of Christian faith. Eventually, the journey took Peter to



Adelaide and The Magdalene Centre and now continues as he works through Anglicare SA in areas of pastoral care and parish development.

#### Wednesday 17th March Radio Daze:

# Fr Phil Anderson Ever wondered abou working with radio?



Ever wondered about working with radio? Fr Phil has had a number of years' experience working with radio stations around Australia. Before working for the Church he was Broadcast Officer for Norfolk Island (1964-66) and later a Producer for the

Religious Department of the ABC (1973), Announcer and Sales Rep. for 2WL Wollongong (1974-78), a casual announcer for 2BH Broken Hill (1980), and closer to home, in 1994 was a presenter, Board member and Programme Co-ordinator of EFM Victor Harbor. He will talk about some of his experiences in this work.

#### Parish Profile 2010

Each year in February we take time to think about who we are and what we do as a parish. We meet on Sundays and some weekdays to praise the Lord together and receive spiritual sustenance in the sacraments, but what is our role during the rest of the week?

Are we 'Sunday Christians'?

Once again people involved in the many activities of this parish were asked to write a few words about an Activity they are involved with. Contact details are provided, and expressions of interest would be welcome.

#### **Anglicare**

We support the Anglican welfare agency by donating items of clothing, rugs, blankets etc (You can give these to your wardens at any time). We also give Christmas gifts, toys and food in the season.

#### **Bible Studies**

Scripture studies are regularly held during Lent and Advent, with both day and evening sessions. Through these we have a chance to read and study the Scriptures together and discuss how they impact on our lives. For Lent studies 2010 see p. 1.

Enquiries: Ted Sandercock ph 8556 4535

#### Choir

The choir comprises members from each congregation, and we sing at combined services. Practice will commence on Tuesday February 9th at St Margaret's, to rehearse for the service on the 28th. We have hopes of two new members



this year at least, and would welcome more. We are practising new settings of the Eucharist, so bear with us if you don't recognize the music! Watch the pew bulletin for practice venues- no practice on Shrove Tuesday. *Enquiries: Felicity Warrington ph 8323 8351*.

### Christian Care & Support Centre

This services the area from Seaford to Sellicks, McLaren Vale and Willunga. It is open Monday and Wednesday from 9 am to 12 md. to assist people with food and vouchers. We also collect



bread from Bakers Delight each Wednesday evening, bagging it and making it available on Thursday morning. Southern Vales Parish has been most helpful with donations of food and several people have joined the team of volunteers from Churches in the area. Anyone interested in assisting would be most welcome. For more information contact Anne Lear ph 8556 5520

#### **Colton Court Singers**

Musicians and singers are very welcome to join us at Colton Court in McLaren Vale from 11 am to 12 noon on the second Thursday of each month for a



happy singalong. We sing popular songs and a few hymns. It is a joy to see residents and staff respond to this small gesture of outreach. *Contact Sylvia Francis ph 8323 0007* 

#### **FUSION**

Fusion is an international youth and community organisation which emerged as a creative response to socially-at-risk young people in suburban Sydney in 1960.



The Pastoral District of the Southern Vales has joined with FUSION in a community Together Festival at McLaren Vale Primary School in 2008 and 2009, and a primary school Advent Pageant centreing on the Aldinga shopping centre in 2008. It is hoped that the Anglican Pastoral District can play an active role in the Advent Pageant in 2010. If you would like to be involved contact *Anne Chittleborough ph* 8556 5078.

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#### The Mothers' Union

The Mothers' Union is a world-wide organisation whose aim is to encourage, strengthen and support family life. With 3.6 million members in 79 countries, the MU has a consultative status with the

United Nations in the Commission on the Status of Women.

The MU meets here on the 1st Monday of each month (except January) at 9.30am at St Nicholas', Seaford, St Ann's, Aldinga, St Stephen's, Willunga or St Margaret's, McLaren Vale. (See also p. 8)

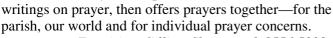
Enquiries: Barbara Jeanes ph 8556 4440.

Missions: As well as the local mission and outreach represented on these pages we support the **Anglican Board of Mission, Bush Church Aid** and the **Church Missionary Society** through fundraising and inviting visiting speakers, and support Diocesan ministry through our **Home Mission Fund** and Diocesan **Ordination Candidates Fund**.

#### **Parish Prayer Group**

'Where two or three are gathered together in my name, there am I in the midst of them' (Matthew 18:20)

Meeting on the fourth Wednesday of the month from 10-11 am at St Margaret's, this informal Prayer Group studies



Enquiries: Gillian Clampett ph 8556 5998



The Social Activities Committee consists of a representative from each church. Since being formed in May 2008, it has organised several Parish breakfasts, and three luncheons - the last two being Christmas functions. Plans for 2010 include another breakfast and a Parish Picnic.



The committee meets informally after Parish Council on the third Sunday of each month.

Enquiries: Wendy Sandercock ph 8556 4535

Southern Vales Schools Ministry (SVSM) aims to provide Christian support and ministry in the public schools in the Southern Vales region. At present there are Christian Pastoral Support (CPS) workers at four primary schools and two CPS workers at Willunga High School. The funding for these is provided by the Commonwealth and State governments, and the local churches through the SVSM committee.

We can support this valuable mission activity through prayer and financial assistance. Our gold coin on the first Sunday of the month helps us support CPS workers and associated costs, and other fundraising includes the Sausage Sizzle at the Willunga Quarry Market and Family Movie Evenings.

For 2010 it has been suggested that the Southern Vales Pastoral District conducts an additional special event to raise funds. If you have a great fundraising idea, please contact your representatives, *Trish Frith* (8556 2604) or *Ted Sandercock* (8556 9155).

#### St Ann's Guild

We are a small but energetic group of people who meet on the 2nd Monday of each month at 1.30 pm in the church hall. Our job is to organise the "housekeeping" of the church and hall, and with generous assistance from other members of the congregation we arrange catering, social activities,



family teas and fund-raising, including our five jumble sales a year. Anyone is welcome to join us.

Enquiries: Val Martin 8556 6100.



#### St Ann's Children's Ministry

St Ann's always welcomes children to the Sunday morning service, providing teaching, activities and fun in the hall for those attending. We return to the church for Communion and for the children to receive a blessing at the altar. We hope to increase our teaching team in 2010. Like to join us? *Enquiries:*Anne Chittleborough ph 8556 5078

St Margaret's Guild The St Margaret's Guild supports the parish in any way it can, with members visiting the sick, catering for functions when need arises, raising funds and enjoying fellowship with each other.

Meetings are held in the Sunday School room on the 2nd Tuesday of each month. You are welcome to join us.



Enquiries:Fran Pettigrew ph 8323 9366; Lorna McGaffin ph 8323 8523

St Margaret's Sunday School is run throughout the year in the Sunday School at McLaren Vale (but not in school holidays or combined services in other centres). It is run at normal service times with the children and leaders coming into the church at the passing of the peace ready for the children to take the elements up to the alter for the communion. We use the "Seasons of the Spirit" curriculum targeting the 3 – 5 year olds but it can be adapted very quickly to suit all ages, and craft work supports the lesson and is taken home. As encouragement for



regular attendance small gifts are given throughout the year. All enquiries to Verna Adams ph 8323 7782.

#### Women's Fellowship

Formed in the 1980s as a social and activity group, our main interest is knitting baby clothes and squares for rugs. When items are completed they are sent to Anglicare, Morphett Vale, for distribution. Today the group is very small, but out in the parish there are several people who are busy knitting squares, or who send in completed rugs or knitted baby wear. Some knit beanies for prem babies, and these are much appreciated by the hospitals. Thank you to those who continue to donate wool for this project. Our first meeting for 2010 will be on Feb. 17th at 10 am in the Sunday School Room at

McLaren Vale. Do come and join us. We will have some 8 ply wool, and if you can bring a pair of No 8 knitting needles you will be ready to start! *Co-ordinator: Margaret Cameron, ph* 8556 2343



#### We welcome you!



L-R: Margaret Woods, Warren Hands, Hayden, Jessica, Louisa and Mitchell Hands, Fr Dennis Eales, Judith Wells. Photos: D. Best



On Sunday 3<sup>rd</sup> January Mitchell Kenneth Hands was baptised at St Philip and St James Old Noarlunga by Fr Dennis.

It was a special family day as this church saw Mitchell's mother, Louisa Hands, baptised in January 1970 by Canon

George Cameron, Louisa and Hayden married on 15<sup>th</sup> April 2001 and Hayden confirmed in May 2008.

It was also a significant occasion as Fr Dennis took his first full service including the baptism since his illness and we were delighted that his recovery is progressing so well after so long. Accompanying Connie Carroll on the organ was Lizzie Carroll who has been playing for us during Chrissy's holiday in the USA with Grandma. A very happy occasion indeed.

Di Best

Three other baptisms this month have been conducted by Fr Dennis & Fr Phil:

Fletcher Eli Sheppard (seen here (L) with parents Ted and Sarah and brother Charlie) was baptised at St Margaret's by Fr Dennis. Rebekah Tassie was baptised at St Margaret's, also by Fr Dennis, and Zachary McNee was baptised by Fr Phil at St

Ann's. Rebekah is the sister of Annalise, Christopher and Ben, who are regular attendees of the St Margaret's Sunday School, and Zac (seen here with parents Ian and Judy) is a new brother for Thomas McNee of St Ann's Sunday School.





#### Anglicare Partnership with Southern Vales Parish

After a successful meeting with David Fleming from the Diocese and Peter Wright from Anglicare it was decided that an architect should now be involved. Issues such as financial benefits to the parish, land titles and planning were all touched on in the discussions.

Peter Wright and the architect visited the site on Friday 29th of January. In Peter's words "the architect really liked the site". The architect is well versed in Council requirements, trees, shared road etc.and will get the land formally checked.

The plan at present is of course for further meetings and also the drawing up of plans that can be presented to both our Parish and the Diocese for consideration. Issues concerning finance will also be submitted with the final plans.

Dealing with another Christian organisation has been most rewarding as there is a common goal that centers, first and foremost, on the care of others.

Although we are still in the very early stages of the project I would welcome any positive contribution or questions regarding planning to this stage. Greg Judd

#### News from St Ann's

Bill Higginson was presented with an Aussie apron and chef's hat following his excellent job as "BBQer extraordinaire" at the Christmas family tea held at their home.

The St Ann's Jumble Sale on 16th January raised \$585. It involved hard work as usual but it had its lighter moments: Eileen Binns was spotted tying herself in knots trying to work out how to use an exercise device offered for sale, while Mike Binns took shelter from the hot sun at the outdoor tables.





#### News from St Stephen's

During a storm in early January a branch from a tree along the West fence fell onto a neighbour's fence. With a little struggle it was retrieved and later cut up and removed by John Carroll - thanks John.

A new Notice Board has been installed at the Willunga Cemetery.

The experimental slate paying has been well received and the feedback suggests that it be extended to the other seat on the north side.

The offer to renew the driveway with gravel will be taken up in February. Help will be needed to spread the gravel. Ted Sandercock & Margaret Cameron

#### The Willunga Organ

More later...

Last month Barrie Bowden and his friend John Poynter came down to St Stephen's to look at our organ and if possible fix it. They are both very interested in pedal organs and told me about fine organs in other parishes around South Australia. Ours, they said, is particularly fine.

They spent about four hours fixing and testing the instrument, with me watching and acting as runner to get a torch and vacuum cleaner, and holding things for them. They explained that three things that must never get inside an organ are water, dust and oil. The main trouble is dust, which blocks the tiny reeds and prevents them from speaking.

Photo: C Cooling After testing each reed and blowing it clear, and a thorough vacuum, they put it all together and tried it out. They spent some time giving me a lesson on what all the stops do. I asked Barrie if he would like to come down for a service and play for us, showing us what the instrument can do. He seemed to like the idea and so we may be able to arrange it in a couple of months. I hope that, for that occasion, we could swell the little Willunga congregation.







WORLD DAY OF PRAYER (WDP) is a worldwide ecumenical movement of women of many faith traditions who come together to observe a common day of prayer each year on the first Friday in March.

Throughout the day, prayers are held all over the world, beginning with the first sunrise and ending at the last sunset., following the sun's path around the globe.

This year the service in the Southern Vales will be at 7.30 pm on Friday 5th March in the Uniting Church, Aldinga, with a worship theme developed by women of Cameroon, and our Anglican choir assisting with the singing.

Men are welcome too, of course!



#### **MOTHERS' UNION**

The February meeting will be held at **St Stephen's Willunga on Monday February 1st at 9.30 am**. Our theme for 2010 is "Cost of Relationships" and this will be the subject for the meeting.
Hostesses/Intercessions Margaret

Cameron and Trish Frith.

On **February 14th at 2.30 pm** a special service will be held at St George's Meadows: a service of blessing for a special wall hanging. Information is in your *Con-Tributary*.

The March meeting will be the AGM to be held at **St Margaret's McLaren Vale on Monday 1st March at 9.30 am**. We will continue with our theme, and prayer partner information will be handed out. Hostesses Lee Edmeades and Carol Anderson.

The Lady Day Eucharist on March 25th will be held at St Margaret's at 11 am and Father Phil will give us a talk about Mary. We will have a shared lunch and parishioners are invited to join us for this service. All members on duty.

The **Diocesan Lady Day service** will be held at Naracoorte the same day if any members wish to attend that service.

**No meeting in April** as it falls on Easter Monday *Barbara Jeanes 8556 4440* 



#### Parish Service Times

St Philip & St James, Old Noarlunga

Sunday: Holy Communion: 9.00am

St Margaret's, McLaren Vale

Sunday: Holy Communion: 10.15am

with Sunday School

Wednesday: Holy Communion: 9:00am

St Stephen's, Willunga

Saturday: Holy Communion: 5.30 pm

St Ann's, Aldinga

Sunday: Holy Communion: 9.00 am with special time for children

But please note the following variations:

#### Sunday 28th February

Combined service at St Margaret's,
McLaren Vale, 10 am
followed by Annual Vestry Meeting and
shared lunch

Sunday 28th March Palm Sunday Combined service at St Ann's Aldinga, 10 am

#### Southern Vales contact information:

Locum Priest Fr Phil Anderson Ph 8323 9744 Email pja1@westnet.com.au

Please respect Fr Phil's days off on Monday and Tuesday

Parish Secretary, Wendy Sandercock Ph 8556 4535 email: wendysac@westnet.com.au

The parish office is not regularly attended but messages can be left on the message bank 08 8323 9155

#### Visit our website!

http://www.southernvalesparish.org

#### **ORDINATION CANDIDATES SUNDAY**

Southern Vales will celebrate Ordination Candidates'
Sunday on 14th March, and Paul Devenport, one of those
assisted by the OCF Fund, will speak at three centres.
The Fund at present assists in paying costs involved in
training two ordinands for the priesthood and the assistant
priest at Goolwa who is serving his curacy.