



SUNDAY TABLE SERVICE
Pentecost 9, 2nd August 2020
watch Songs of Praise together on the ABC
and then set the table for our shared meal.



- ***Setting our table for our Sunday lunch service.***

Sometimes we eat, in front of the TV either together or alone; we eat on the run; we eat out in restaurants or even in our car; but today we sit at a table that we have set for our Sunday lunch meal. It is our everyday altar of life-giving food. As we celebrate together let us define the occasion by adding things on our table that bring us joy and which we can share with others in our community.

- ***Prayerful and intentional preparation for a meal***

Let us set our meal for this day. Give some thought to the presentation of our meal as a meditation on the importance of the time we are setting aside for worship.



Matthew 14:13-21 Now when Jesus heard of John the Baptist death, he withdrew to be by himself. But the crowd, 5000 strong, found him, so he ministered to them and healed the sick that had come and then fed all of them. Jesus had just heard that his cousin had been brutally murdered, he moved to a deserted place, perhaps to be by himself because he was grieving. It is hard to face others when we are dealing with grief. But Jesus could not escape, He could have rebuked them all and said will you just go home and leave me alone. But he did not; out of his grief he reached out and touched the suffering of others, out of his grief he fed the hungry. There was a miracle, but the greater thing is that Jesus cared for them beyond his own pain. The compassion of Christ is ours today and ours to give as well.



opening prayer — consciously drawing together in our mind our Parish community around our table.

Be still and silent. Visualise in your mind, those whom you invited to share with you. Pray:



**In the name of the Father, and of the Son, and of the Holy Spirit. Amen.
 Here, and throughout the world,
 We adore you O Christ, and we bless you,
 because by your holy cross you have redeemed the world. Amen**

**Bless this food, both physical and spiritual.
 Bless all who gather at your table, both seen and unseen, In Jesus' name we pray. Amen**

- ***Let us read and reflect on our cycle of readings***



A reading from the Book of Genesis, Chapter 32 beginning at Verse 22

²² The same night he got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. ²³ He took them and sent them across the stream, and likewise everything that he had. ²⁴ Jacob was left alone; and a man wrestled with him until daybreak. ²⁵ When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled

with him. ²⁶ Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." ²⁷ So he said to him, "What is your name?" And he said, "Jacob." ²⁸ Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed." ²⁹ Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. ³⁰ So Jacob called the place Peniel, saying, "For I have seen God face to face, and yet my life is preserved." ³¹ The sun rose upon him as he passed Penuel, limping because of his hip. ³² Therefore to this day the Israelites do not eat the thigh muscle that is on the hip socket, because he struck Jacob on the hip socket at the thigh muscle.



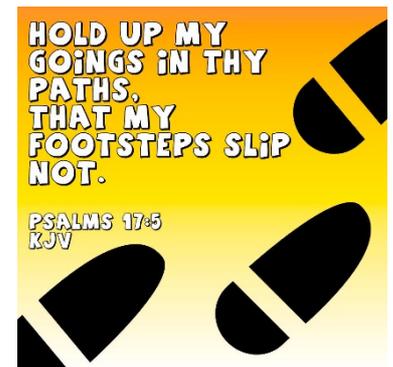
[NRSV Genesis 32:22-31]

Hear the word of the Lord,

thanks be to God

Psalm 17:1-7, 16

- 1 Hear my just cause, O Lord, give heed to my cry:
Listen to my prayer, that comes from no lying lips.
- 2 Let judgement for me come forth from your presence:
And let your eyes discern the right.
- 3 Though you search my heart,
And visit me in the night-time:
though you try me by fire,
you will find no wickedness in me.
- 4 My mouth does not transgress, like the mouth of others:
for I have kept the word of your lips.
- 5 My steps have held firm in the way of your commands:
and my feet have not stumbled from your paths.
- 6 I call upon you, O God, for you will surely answer:
incline your ear to me and hear my words.
- 7 Show me the wonders of your steadfast love,
O saviour of those who come to you for refuge:
who by your right hand deliver them
from those that rise up against them.
- 16 And I also shall see your face, because my cause is just:
when I awake and see you as you are, I shall be satisfied.



A reading from the Romans,

Chapter 9 beginning at Verse 1 ¹ I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit— ² I have great sorrow and unceasing anguish in my heart. ³ For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. ⁴ They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; ⁵ to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen.

⁶ It is not as though the word of God had failed. For not all Israelites truly belong to Israel, ⁷ and not all of Abraham's children are his true descendants; but "It is through Isaac that descendants shall be named for you." ⁸ This means that it is not the children of the flesh who are the children of God, but the children of the promise are counted as descendants.

[NRSV Romans 9:1-8]

Hear the word of the Lord,

thanks be to God.



The Gospel of our Lord Jesus Christ according to Matthew,
Chapter 14 beginning at verse 13

Glory to you Lord Jesus Christ.

¹³ Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. ¹⁴ When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. ¹⁵ When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that



they may go into the villages and buy food for themselves." ¹⁶ Jesus said to them, "They need not go away; you give them something to eat." ¹⁷ They replied, "We have nothing here but five loaves and two fish." ¹⁸ And he said, "Bring them here to me." ¹⁹ Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. ²⁰ And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. ²¹ And those who ate were about five thousand men, besides women and children.

[NRSV Matthew 14:13-21]

This is the Gospel of the Lord,

praise to you Lord Jesus Christ.

Sentence

The Lord is near to all who call on him in truth. He fulfils the desire of all that fear him, hears their cry, and saves them.

- ***eating reflectively and responding to the passage***

Let us now engage in some quiet reflection, or conversation and sharing, responding to the Gospel passage. We may like to write down some key thoughts for further reflection.

Words to consider, compassion, and Prayer.



When things are not going our way, sometimes we run to God like David in this Psalm and say, we need you God right now. Where are you God, pay attention to my cry, my prayer is fair-dinkum, why won't you listen to me? But David says, when I awake, your presence will fill me with Joy. He did not say when I awake, I will know you have answered my prayer. Sometimes we are faced with stressful times and times of grief. In those times how precious it is to know our Lords is walking through the pain with us, it is a different kind of joy. Yes, God actually gets involved with our lives or the

lives of those we pray for. What is answered prayer? Is it a solution to our problems, a quick fix or is it that God is sharing with us in the world we live in, even in our pain?

- ***prayer-time***

Now let us continue to offer our prayers for healing of the world; for those affected by coronavirus; for family; for members of the parish and wider community, for the life and ministry of the Church, for encouragement in our journey of faith.



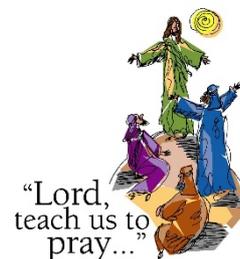
Please pray alongside those in our parish asking for prayer ; Ron & Ann ; Les ; Tristan; Kathy; Mitchell; David ; Pat ; Izabelle ; Peta ; Mariette; Joanne; Peter G, Peter C; Nicholas B; Samantha; Fiona; Brenton; Sue; Brenda; Pat; Brendon, Fr Peter, Fr Percy & Betty, Bp David, Jill, Bill, David H, Petra, Miriam & family, Marjorie; Joyce; Diane; Jean; Mitchell and family; Kathy; Carolyn; Allison; Angela; Susie; Carol; Shirley;

Lucy Ann; Margaret, Lyn; Ted & Joyce ; Irene; Linda; Jenny P’s mother; Tina; Wendy; Chris; Trevor; Liz; Trish S; Carole and family, Peter (husband of the late Joanne) & children Lainie and Nicholas; John Carroll, Jac Bishop; Joan; Joanie: Andrew; Kerrie; Jill Ribbons; Mary, Margaret’s mum, we give thanks for the ongoing recovery of Fr Peter and the success of Carols operation. *and any others we wish to say either silently or aloud.*

Let us say the Lord’s Prayer Together. Our Father

Prayer of the Day

O God, giver of life and health
whose Son Jesus Christ has called us
to hunger and thirst for justice:
refresh us with your grace,
that we may not be weary in well-doing,
for the sake of him who meets all our needs,
Jesus Christ our Saviour.
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**



Conclude the meal with the following prayer together.

***May the grace of our Lord Jesus Christ,
the love of God and the fellowship of the Holy Spirit
be amongst us and remain with us always.
Amen.***

• intentional connection beyond your home



After our Table Service, make contact via phone, email, letter, Messenger, Skype, Zoom, etc with a person who is on your heart and mind at this time. It might be one of the people you invited to your meal, or a member of your family, or someone who doesn’t have family, or a friend, Let God guide you to the person or people with whom you connect. Contact the person. Start a conversation: ‘I was thinking of you.....’ Or What did you think of..... in songs of praise etc