



SUNDAY TABLE SERVICE

Sunday 18th July 2021

Let us sit and watch Songs of Praise together on the ABC and then set the table for our Parish meal.



- **Setting our table for our Sunday lunch service.**

Sometimes we eat, in front of the TV either together or alone; we eat on the run; we eat out in in restaurants or even in our car; but today we sit at a table that we have set for our Sunday lunch meal. It is our everyday altar of life-giving food. Set you table and prepare you meal as a meditation on the importance of the time you are setting aside for worship. If you are celebrating this meal without people physically present, please be aware that **God Is With You.**



Being Close to Jesus



We all know dearly the 23rd Psalm, and many of us can recite it or at least parts of it. In a nutshell, it speaks of God's care and grace over us. The metaphor is that God our Lord is our shepherd and the relationship we can have with Him as His sheep. Sheep are very vulnerable creatures; they need so much caring for. Have you ever thought what would happen to sheep if they got out of a farmers paddock and did their own thing? Sadly most sheep end up suffering terribly. God knows we need His help; it is not that He has created us to be weak. In fact, he has created us to be complete when He is actively caring for us. This means that we need to stay close by, learn to recognise his voice, and to follow Him wherever He takes us. God knows us far more than we can ever imagine.

opening prayer — consciously drawing together in our mind our Parish community around our table.

Be still and silent.

Visualise in your mind, those whom you invited to share with you. Pray:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Here, and throughout the world,

We adore you O Christ, and we bless you,

because by your holy cross you have redeemed the world. Amen

Bless this food, both physical and spiritual.

Bless all who gather at your table, both seen and unseen, In Jesus' name we pray. Amen



Jeremiah 23:1-623:1 Woe to the shepherds who destroy and scatter the sheep of my pasture! says the LORD.23:2 Therefore thus says the LORD, the God of Israel, concerning the shepherds who shepherd my people: It is you who have scattered my flock, and have driven them away, and you have not attended to them. So I will attend to you for your



evil doings, says the LORD. 23:3 Then I myself will gather the remnant of my flock out of all the lands where I have driven them, and I will bring them back to their fold, and they shall be fruitful and multiply. 23:4 I will raise up shepherds over them who will shepherd them, and they shall not fear any longer, or be dismayed, nor shall any be missing, says the LORD. 23:5 The days are surely coming, says the LORD, when I will raise up for David a righteous Branch, and he shall reign as king and deal wisely, and shall execute justice and righteousness in the land. 23:6 In his days Judah will be saved and Israel will live in safety. And this is the name by which he will be called: "The LORD is our righteousness."

Hear the word of the Lord **Thanks be to God**

Psalm 23

23:1 The LORD is my shepherd, I shall not want.

23:2 He makes me lie down in green pastures;
he leads me beside still waters;

23:3 he restores my soul.

He leads me in right paths for his name's sake.

23:4 Even though I walk through the darkest valley, I fear
no evil;

for you are with me; your rod and your staff-- they comfort me.

23:5 You prepare a table before me in the presence of my enemies;
you anoint my head with oil; my cup overflows.

23:6 Surely goodness and mercy shall follow me all the days of my life,
and I shall dwell in the house of the LORD my whole life long.



Ephesians 2:11-22

2:11 So then, remember that at one time you Gentiles by birth, called "the uncircumcision" by those who are called "the circumcision" --a physical circumcision made in the flesh by human hands--2:12 remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. 2:13 But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. 2:14 For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. 2:15 He has abolished the law with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus making peace, 2:16 and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. 2:17 So he came and proclaimed peace to you who were far

off and peace to those who were near; 2:18 for through him both of us have access in one Spirit to the Father. 2:19 So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, 2:20 built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. 2:21 In him the whole structure is joined together and grows into a holy temple in the Lord; 2:22 in whom you also are built together spiritually into a dwelling place for God.

Hear the word of the Lord **Thanks be to God**



Mark 6:30-34, 53-56

6:30 The apostles gathered around Jesus, and told him all that they had done and taught. 6:31 He said to them, "Come away to a deserted place all by yourselves and rest a while." For many were coming and going, and they had no leisure even to eat. 6:32 And they went away in the boat to a deserted place by themselves.



6:33 Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. 6:34 As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things. 6:53 When they had crossed over, they came to land at Gennesaret and moored the boat. 6:54 When they got out of the boat, people at once recognized him, 6:55 and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. 6:56 And wherever he went, into villages or cities or farms, they laid the sick in the marketplaces, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

This is the Gospel of the Lord, ***praise to you Lord Jesus Christ.***

- **Sentence**

My Sheep hear my voice says the Lord, I know them and they follow me; and I give them eternal life

John 10 27-28

- ***eating reflectively and responding to the passage***

Let us now engage in some quiet reflection, or conversation and sharing, responding to the Gospel passage. We may like to write down some key thoughts for further reflection.

I have been with you wherever you went.

Through Him both of us (we) have access in one Spirit to the Father.

The people followed Jesus traveling great distances to hear his teaching and to be healed. At last, someone had come that would teach them about God's kingdom. Someone had come with such authority that many were healed simply by touching Jesus' clothing. They began to have hope in their hearts that God who they believed in was present among them. They did not want to lose sight of Jesus. Paul recounts the works of Jesus, and he reminds us this power is still amongst us today. God's presence is still with us in that same authority. The presence of the God's Spirit dwells with us and in us as members of His household. God is still doing miracles in the souls of people, who stay close to Him and listen for his voice, following Him where he leads.



- ***spending time together in prayer***

Now let us continue to offer our prayers for healing of the world; for all those whose lives have been affected by the COVID 19 virus, for family, members of the parish and wider community, for the life and ministry of the Church, for encouragement in our journey of faith.



We pray alongside those in our parish asking for prayer. Kym, Bob, Colin, Joy, Betty, Izabelle; Peta; Mariette; Joanne; Peter G, Peter C; Samantha; Fiona; Brenton; Sue; Pat, Brendon; Bill; David H; Diane; Jean; Mitchell and family; Carolyn; Allison; Brenda, Angela; Carol; Shirley; Lucy Ann; Margaret, Lyn; Irene; Linda; Tina; Wendy; Chris; Trevor; Liz; Tristan & Trish S; Carole and family; Peter, Eleni and Nicholas; Jac , Joanie; Andrew; Kerrie;. Fr

Roger: David ; Claire; Jean N; Jean T, Dan; Peter K; Trish; Claire; Fr John; Fr Graham & Catherine; Blair; Ann; Leslie; Marion and family; Felicity and Jack ;*and any others we wish to remember.*

.Let us say the Lord's Prayer Together. Our Father

Prayer of the Day

Eternal God, author of life and end of our pilgrimage: guide us by your word and Spirit amid all perils and temptations, that we may not wander from your way, but may run our course in safety until we come to our eternal rest with you; through the grace of Jesus Christ our Lord , who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**



Conclude the meal with the following prayer together.

***May the grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit, be amongst us and remain with us always.
Amen.***

• intentional connection beyond your home

After our Table Service spend some time reaching out to others, a member of your family, or someone who does not have family, or a friend, someone in your community who may be alone and would welcome a call or message from you. Use the time to catch up with your family and friends who are interstate or overseas, Let God guide you to the person or persons with whom you should connect. Contact them. Start a conversation: How have you been keeping, What about this cold weather or I was thinking of you and decided to call...

