



SUNDAY TABLE SERVICE

Sunday 4th June 2021

Let us sit and watch Songs of Praise together on the ABC and then set the table for our Parish meal.



- **Setting our table for our Sunday lunch service.**

Sometimes we eat, in front of the TV either together or alone; we eat on the run; we eat out in restaurants or even in our car; but today we sit at a table that we have set for our Sunday lunch meal. It is our everyday altar of life-giving food. Set your table and prepare your meal as a meditation on the importance of the time you are setting aside for worship. If you are celebrating this meal without people physically present, please be aware that **God Is With You.**



Believing in Jesus

Has anyone told you something about themselves you found hard to believe? Here was a man who grew up in Nazareth and worked as a carpenter, all anyone knew was that Jesus was part of a large family that worked with wood. The people could only see the man and not the one sent by God. Sometimes we need to look beyond what we know and wait patiently to see something new and true about a person, or a situation or about a matter of fact. Jesus' hometown folks did not even want to know that there was anything different about Jesus. The thing is, God wants us to know so much more than surface understanding; and if we allow God to reveal and touch the eyes of our soul, then we can begin to see the incredible. And we call this faith.



- **opening prayer — consciously drawing together in our mind our Parish community around our table.**

Be still and silent.

Visualise in your mind, those whom you invited to share with you. Pray:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Here, and throughout the world,

We adore you O Christ, and we bless you,

because by your holy cross you have redeemed the world. Amen

Bless this food, both physical and spiritual.

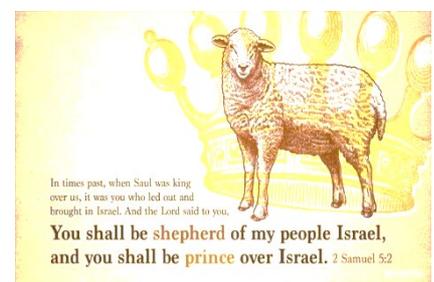
Bless all who gather at your table, both seen and unseen, In Jesus' name we pray. Amen



Let us read and reflect on our cycle of readings

A reading from the second book of Samuel, Chapter 5 beginning at Verse 1

Then all the tribes of Israel came to David at Hebron, and said, "Look, we are your bone and flesh. ² For some time, while Saul was king over us, it was you who led out Israel and brought it in. The LORD said to you: It is you who shall be shepherd of my people Israel, you who shall be ruler over Israel." ³ So all the elders of Israel came to the king at Hebron; and King David made a



covenant with them at Hebron before the LORD, and they anointed David king over Israel. ⁴ David was thirty years old when he began to reign, and he reigned forty years. ⁵ At Hebron he reigned over Judah seven years and six months; and at Jerusalem he reigned over all Israel and Judah thirty-three years. ⁹ David occupied the stronghold, and named it the city of David. David built the city all around from the Millo inward. ¹⁰ And David became greater and greater, for the LORD, the God of hosts, was with him.

Hear the word of the Lord,

thanks be to God

Psalm 48

1 Great is the Lord and greatly to be praised:
in the city of our God.

**2 High and beautiful is his holy hill:
it is the joy of all the earth.**

3 On Mount Zion, where Godhead truly dwells, stands the city of the Great King:
God is well known in her palaces as a sure defence.

**4 For the kings of the earth assembled:
they gathered together and came on;**

5 They saw, they were struck dumb:
they were astonished and fled in terror.

**6 Trembling took hold on them, and anguish:
as on a woman in her travail;**

7 Like the breath of the east wind:
that shatters the ships of Tarshish.

**8 As we have heard, so have we seen in the city of the Lord of hosts:
in the city of our God, which God has established for ever.**

9 We have called to mind your loving-kindness, O God:
in the midst of your temple.

**10 As your name is great, O God, so also is your praise:
even to the ends of the earth.**

11 Your right hand is full of victory —let Zion's hill rejoice:
let the daughters of Judah be glad, because of your judgements.

**12 Walk about Zion, go round about her, and count all her towers:
consider well her ramparts, pass through her palaces;**

13 That you may tell those who come after that such is God:
our God for ever and ever, and he will guide us eternally.



A reading from the second letter of Paul to the Corinthians, Chapter 12 beginning at Verse 2

² I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows. ³ And I know that such a person—whether in the body or out of the body I do not know; God knows—⁴ was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. ⁵ On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. ⁶ But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no

one may think better of me than what is seen in me or heard from me, ⁷ even considering the exceptional character of the revelations. Therefore, to keep^[a] me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated.^[b] ⁸ Three times I appealed to the Lord about this, that it would leave me, ⁹ but he said to me, "My grace is sufficient for you, for power^[c] is made

*His Grace
is
Sufficient
for me*



perfect in weakness." So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. ¹⁰ Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

Hear the word of the Lord, **thanks be to God.**

The Gospel of our Lord Jesus Christ according to Mark, Chapter 6 beginning at verse 1 Glory to you Lord Jesus Christ.

6 ¹ He left that place and came to his hometown, and his disciples followed him. ² On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, "Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! ³ Is not this the carpenter, the son of Mary^[a] and brother of James and Joses and Judas and Simon, and are not his sisters here with us?" And they took offense^[b] at him. ⁴ Then Jesus said to them, "Prophets are not without honour except in their hometown, and among their own kin, and in their own house." ⁵ And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. ⁶ And he was amazed at their unbelief.



Then he went about among the villages teaching. ⁷ He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. ⁸ He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; ⁹ but to wear sandals and not to put on two tunics. ¹⁰ He said to them, "Wherever you enter a house, stay there until you leave the place. ¹¹ If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them." ¹² So they went out and proclaimed that all should repent. ¹³ They cast out many demons, and anointed with oil many who were sick and cured them.

This is the Gospel of the Lord, **praise to you Lord Jesus Christ.**

Sentence

Of Jesus many said ' What is this wisdom that has been given to him? What deeds of power are being done by his hands! Mark 6.2

• eating reflectively and responding to the passage

Let us now engage in some quiet reflection, or conversation and sharing, responding to the Gospel passage. We may like to write down some key thoughts for further reflection.

Where did this man get all this?

My grace is sufficient for you.

Some people say I will only believe when you give me the facts. Unbelief will blind us from seeing who God is, because our minds keep wanting to put Him into our own understanding. This is why Jesus was amazed at the unbelief of his hometown folk's. Even where there was news of His wisdom and authority to do miracles they still would not believe. Unbelief is a choice. The people made a choice not to believe, or rather to only believe in their own understanding. God is not contained in controllable facts, and the evidence of God is in the power of the Holy Spirit at work in our lives. To have a faith in Jesus, requires us in prayer to want God to reveal His nature in our lives. We cannot make this happen, but as our desire cries to God, He helps us to understand him clearer every day.



• **spending time together in prayer**



Now let us continue to offer our prayers for healing of the world; for family, members of the parish and wider community, for the life and ministry of the Church, for encouragement in our journey of faith. We pray alongside those in our parish asking for prayer. Kym, Bob, Colin, Joy, Betty, Izabelle; Peta; Mariette; Joanne; Peter G, Peter C; Samantha; Fiona; Brenton; Sue; Pat, Brendon; Bill; David H; Diane; Jean; Mitchell and family; Carolyn; Allison; Brenda, Angela; Carol; Shirley; Lucy Ann; Margaret, Lyn; Irene; Linda; Tina; Wendy; Chris; Trevor; Liz;

Tristan & Trish S; Carole and family; Peter, Eleni and Nicholas; Jac, Joanie; Andrew; Kerrie. Fr Roger; David; Claire; Jean; Dan; Peter K; Trish; Claire; Fr John; Fr Graham & Catherine; Blair; Ann; Leslie; Marion and family; Felicity and Jack; *and any others we wish to remember.*

.Let us say the Lord's Prayer Together. Our Father

Prayer of the Day

O Lord our God

You are always more ready to bestow your good gifts upon us than we are to seek them;

And more willing to give than we desire or deserve:

in our every need, grant us the first and best of all your gifts, the Spirit who make us your children.

We ask this through our Lord Jesus Christ,

your Son, who lives and reigns with you

in the unity of the Holy Spirit

one God for ever and ever.

Amen

Conclude the meal with the following prayer together.

May the grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit, be amongst us and remain with us always.

Amen.



• **intentional connection beyond your home**

After our Table Service spend some time reaching out to others, a member of your family, or someone who does not have family, or a friend, someone in your community who may be alone and would welcome a call or message from you. Use the time to catch up with your family and friends who are interstate or overseas, Let God guide you to the person or persons with whom you should connect. Contact them. Start a conversation: How have you been keeping, What about this cold weather or I was thinking of you and decided to call...

