



SUNDAY TABLE SERVICE

Let us watch Songs of Praise together on the ABC and then set the table for our shared meal.



- **Setting our table for our Sunday lunch service.**

Sometimes we eat, in front of the TV either together or alone; we eat on the run; we eat out in restaurants or even in our car; but today we sit at a table that we have set for our Sunday lunch meal. It is our everyday altar of life-giving food.



As we worship at home today let us define the occasion by adding something special to our table. Give some thought to the presentation of our meal as a meditation on the importance of the time we are setting aside for worship. If you are celebrating this meal without people physically present, please be aware that **God Is With You**.

We are God's living Temples

If you knew nothing about building a house what would happen if you built one? Jesus said pull down the temple and "He" would rebuild it in three days. Of course, he was talking about the religious leaders killing him on the cross and then in three days he would rise again. Did you know that this was written after the Romans destroyed the magnificent temple in Jerusalem? To this day the temple has never been rebuilt. Before Jesus came, the temple was the dwelling place of God amongst men on earth. Paul tells the Church we are now God's living temples. Jesus new temple is His Church, we who believe. We are now representatives of Him on earth because we have accepted His presence to dwell in us. We to have been resurrected into a new life.



opening prayer — consciously drawing together in our mind our Parish community around our table. *Be still and silent. Visualise in your mind, those whom you invited to share with you.*

Pray:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Here, and throughout the world, We adore you O Christ, and we bless you, because by your holy cross you have redeemed the world. Amen



Bless this food, both physical and spiritual. Bless all who gather at your table, both seen and unseen, In Jesus' name we pray. Amen

- **Let us read and reflect on our cycle of readings**

A reading from the first book of Samuel, Chapter 1 beginning at Verse 4

⁴ On the day when Elkanah sacrificed, he would give portions to his wife Peninnah and to all her sons and daughters; ⁵ but to Hannah he gave a double portion, because he loved her, though the LORD had closed her womb. ⁶ Her rival used to provoke her severely, to irritate her, because the LORD had closed her womb. ⁷ So it went on year by year; as often as she went up to the house of the LORD, she used to provoke her. Therefore Hannah wept and would not eat. ⁸ Her husband Elkanah said to her, "Hannah, why do you weep? Why do you not eat? Why is your heart sad? Am I not more to you than ten sons?" ⁹ After they had eaten and drunk at Shiloh, Hannah rose and presented herself before the LORD. Now Eli the priest was sitting on the seat beside the doorpost of

the temple of the LORD. ¹⁰ She was deeply distressed and prayed to the LORD, and wept bitterly. ¹¹ She made this vow: "O LORD of hosts, if only you will look on the misery of your servant, and remember me, and not forget your servant, but will give to your servant a male child, then I will set him before you as a nazirite until the day of his death. He shall drink neither wine nor intoxicants, and no razor shall touch his head." ¹² As she continued praying before the LORD, Eli observed her mouth. ¹³ Hannah was praying silently; only her lips moved, but her voice was not heard; therefore Eli thought she was drunk. ¹⁴ So Eli said to her, "How long will you make a drunken spectacle of yourself? Put away your wine." ¹⁵ But Hannah answered, "No, my lord, I am a woman deeply troubled; I have drunk neither wine nor strong drink, but I have been pouring out my soul before the LORD. ¹⁶ Do not regard your servant as a worthless woman, for I have been speaking out of my great anxiety and vexation all this time." ¹⁷ Then Eli answered, "Go in peace; the God of Israel grant the petition you have made to him." ¹⁸ And she said, "Let your servant find favour in your sight." Then the woman went to her quarters, ate and drank with her husband, and her countenance was sad no longer. ¹⁹ They rose early in the morning and worshiped before the LORD; then they went back to their house at Ramah. Elkanah knew his wife Hannah, and the LORD remembered her. ²⁰ In due time Hannah conceived and bore a son. She named him Samuel, for she said, "I have asked him of the LORD."

[NRSV 1 Samuel 1.4–20]

Hear the word of the Lord,

thanks be to God



Psalm: Song of Hannah [Page 429 APBA]

"My heart exults in the LORD; my strength is exalted in my God.

My mouth derides my enemies, because I rejoice in my victory.

² "There is no Holy One like the LORD, no one besides you; there is no Rock like our God.

³ Talk no more so very proudly, let not arrogance come from your mouth; for the LORD is a God of knowledge, and by him actions are weighed.

⁴ The bows of the mighty are broken, but the feeble gird on strength.

⁵ Those who were full have hired themselves out for bread, but those who were hungry are fat with spoil. The barren has borne seven, but she who has many children is forlorn.

⁶ The LORD kills and brings to life; he brings down to Sheol and raises up.

⁷ The LORD makes poor and makes rich; he brings low, he also exalts.

⁸ He raises up the poor from the dust; he lifts the needy from the ash heap, to make them sit with princes and inherit a seat of honour For the pillars of the earth are the LORD's, and on them he has set the world.



A reading from the letter to the Hebrews Chapter 10 beginning at Verse 11

¹¹ And every priest stands day after day at his service, offering again and again the same sacrifices that can never take away sins. ¹² But when Christ^[a] had offered for all time a single sacrifice for sins, "he sat down at the right hand of God," ¹³ and since then has been waiting "until his enemies would be made a footstool for his feet." ¹⁴ For by a single offering he has perfected for all time those who are sanctified. (¹⁵ And the Holy Spirit also testifies to us, for after saying,

¹⁶ "This is the covenant that I will make with them after those days, says the Lord:

I will put my laws in their hearts, and I will write them on their minds,"

¹⁷ he also adds, "I will remember their sins and their lawless deeds no more."

¹⁸ Where there is forgiveness of these, there is no longer any offering for sin.)

19 Therefore, my friends, since we have confidence to enter the sanctuary by the blood of Jesus, 20 by the new and living way that he opened for us through the curtain (that is, through his flesh), 21 and since we have a great priest over the house of God, 22 let us approach with a true heart in full assurance of faith, with our hearts sprinkled clean from an evil conscience and our bodies washed with pure water. 23 Let us hold fast to the confession of our hope without wavering, for he who has promised is faithful. 24 And let us consider how to provoke one another to love and good deeds, 25 not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day approaching. [NRSV Hebrews 10.11–14 (15–18) 19–25] Hear the word of the Lord, **thanks be to God.**

instead we must continue to encourage each other even more as we see the day of the Lord coming
- Hebrews 10:24-25 (NIV)



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The Gospel of our Lord Jesus Christ according to Mark, Chapter 13 beginning at verse 1
Glory to you Lord Jesus Christ.

13 1As he came out of the temple, one of his disciples said to him, "Look, Teacher, what large stones and what large buildings!" 2 Then Jesus asked him, "Do you see these great buildings? Not one stone will be left here upon another; all will be thrown down."

3 When he was sitting on the Mount of Olives opposite the temple, Peter, James, John, and Andrew asked him privately, 4 "Tell us, when will this be, and what will be the sign that all these things are about to be accomplished?" 5 Then Jesus began to say to them, "Beware that no one leads you astray. 6 Many will come in my name and say, 'I am he!' and they will lead many astray. 7 When you hear of wars and rumours of wars, do not be alarmed; this must take place, but the end is still to come. 8 For nation will rise against nation, and kingdom against kingdom; there will be earthquakes in various places; there will be famines.



This is but the beginning of the birth pangs.

9 "As for yourselves, beware; for they will hand you over to councils; and you will be beaten in synagogues; and you will stand before governors and kings because of me, as a testimony to them. 10 And the good news must first be proclaimed to all nations. 11 When they bring you to trial and hand you over, do not worry beforehand about what you are to say; but say whatever is given you at that time, for it is not you who speak, but the Holy Spirit. [NRSV Mark 13.1–11]

This is the Gospel of the Lord, **praise to you Lord Jesus Christ.**

Sentence

The Lord will judge the ends of the earth; he will give strength to his king, and exalt the power of his anointed.

. Let us now engage in some quiet reflection, or conversation and sharing, responding to the Gospel passage. We may like to write down some key thoughts for further reflection.

Let us hold fast to the confession of our hope without wavering

He lifts the needy from the ash heap, to make them sit with princes

In Hebrews it says Jesus is our high Priest, and the sanctuary is the dwelling place of God. If we enter God's life, He enters our lives. Jesus resurrection has resurrected us, giving us His righteousness to live. This kind of living compels us to love all and in loving we do the good works of God. As we embrace the Spirit of God in our lives, people see a new and living thing in us, this is a God thing. He invites us all to enter into His sanctuary and He washes our hearts pure and clean. When Jesus builds His temple he makes sure it is perfect.



prayer-time. Now let us continue to offer our prayers for the world; we remember the people who gave their lives for the freedom of others and their sacrifices on behalf of future generations, may

we live by their example of duty and courage.; we pray for all those suffering from the effects of natural disasters and victims of violence; all who seek refuge in far off places; all who suffer from the result of war; for family; for members of the parish and wider community, for the life and ministry of the Church, for encouragement in our journey of faith.

Please pray alongside those in our parish asking for prayer. We continue to pray alongside,



Ted & Joyce and Miriam; Ann W, Ruth , Lynn , Joannie, Matthew, Kym and Bob, Izabelle; Peta; Mariette; Joanne; Peter G, Peter C; Samantha; Fiona; Brenton; Sue; Pat; Brendon; Bill; David H; Diane; Jean; Carolyn; Allison; Angela; Carol; Shirley; Lucy Ann; Margaret, Lyn; Irene; Linda; Tina; Wendy; Chris; Trevor; Liz; Tristan & Trish S; Carole and family; Peter, Eleni and Nicholas; Jac Bishop, Joanie; Andrew; Kerrie; David Jones; Claire; Jean; Dan Thomas; Trish; Claire; Fr Graham & Catherine; & Blair; Aileen; Ann; Tom & Nick; Stephen, Bill, Eileen Cook; Tessa; Yvonne Scrutton; Sylvia; Gabrielle, Brenda; Judith; Gabrielle; and *any others we wish to remember..*

Let us say the Lord's Prayer Together.

Our Father

Prayer of the Day

O God,
welcoming refuge for the outcast,
and upholder of justice for the oppressed:
maintain the hope of the poor,
so that the time may soon come
when no one need want for food and shelter,
and all will learn to share freely
following the example of your Son, who gave his very self; who now lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**



Conclude the meal with the following prayer together.

***May the grace of our Lord Jesus Christ,
the love of God and the fellowship of the Holy Spirit
be amongst us and remain with us always. Amen.***

• Intentional connection beyond your home

After our Table Service spend some time reaching out to others, a member of your family, or someone who does not have family, or a friend, someone in your community who may be alone and would welcome a call or message from you. Let God guide you to the person or persons with whom you should connect. Contact them. Start a conversation: How have you been keeping, what about this changing weather or hope you are keeping well, or I was just thinking of you and decided to call

