

## SUNDAY TABLE SERVICE



**Baptism of our Lord**  
**Let us watch Songs of Praise together**  
**on the ABC and then set the table**  
**for our shared meal.**



- **Setting our table for our Sunday lunch service.**

Sometimes we eat, in front of the TV either together or alone; we eat on the run; we eat out in restaurants or even in our car; but today we sit at a table that we have set for our Sunday lunch meal. It is our everyday altar of life-giving food.



Today we are celebrating Epiphany of our Lord . So, as we worship at home today let us define the occasion Let us prepare our tables with thanksgiving and prayer adding those special gifts or items to remind us of God's precious gift to mankind. If you are celebrating this meal without people physically present, please be aware that **God Is With You.**

### The Holy Spirit Our Spiritual Multi-Tool

Have you had a kitchen implement or a tool that replaces several implements and works so much better than them all put together? You may have wondered why you had not found this implement before. The sacrament of baptism in Jesus' name is an essential part of our statement of faith. Here John the Baptist tells everyone it is not enough, Jesus comes to baptise us with the Holy Spirit and with fire. The Holy Spirit is like our multi-tool who literally enables us to understand God's in ways more clearly that we could imagine. After all, He is God within us who is our strength and enabler.



- **opening prayer — consciously drawing together in our mind our Parish community around our table.**

*Be still and silent. Visualise in your mind, those whom you invited to share with you. Pray:*

**In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**

**Here, and throughout the world, We adore you O Christ, and we bless you, because by your holy cross you have redeemed the world. Amen**

**Bless this food, both physical and spiritual. Bless all who gather at your table, both seen and unseen, In Jesus' name we pray. Amen**

- **Let us read and reflect on our cycle of readings for Epiphany**

A reading from the book of Isaiah, Chapter 43 beginning at Verse 1  
43 1But now thus says the Lord, he who created you, O Jacob,

he who formed you, O Israel: Do not fear, for I have redeemed you;

I have called you by name, you are mine.

2 When you pass through the waters, I will be with you;  
and through the rivers, they shall not overwhelm you;



when you walk through fire you shall not be burned,  
and the flame shall not consume you.

3 For I am the Lord your God, the Holy One of Israel, your Savior.

I give Egypt as your ransom, Ethiopia[a] and Seba in exchange for you.

4 Because you are precious in my sight, and honored, and I love you,

I give people in return for you, nations in exchange for your life.

5 Do not fear, for I am with you; I will bring your offspring from the east,  
and from the west I will gather you;

6 I will say to the north, "Give them up," and to the south, "Do not withhold;  
bring my sons from far away and my daughters from the end of the earth—

7 everyone who is called by my name, whom I created for my glory, [NRSV Isaiah 43:1-7]

Hear the word of the Lord,                      thanks be to God

### Psalm 29

1 Ascribe to the Lord, you powers of heaven:  
ascribe to the Lord glory and might.

2 Ascribe to the Lord the honour due to his name:  
O worship the Lord in the beauty of his holiness.

3 The voice of the Lord is upon the waters:  
the God of glory thunders,  
the Lord upon the great waters.

4 The voice of the Lord is mighty in operation:  
the voice of the Lord is a glorious voice.

5 The voice of the Lord breaks the cedar-trees:  
the Lord breaks in pieces the cedars of  
Lebanon.

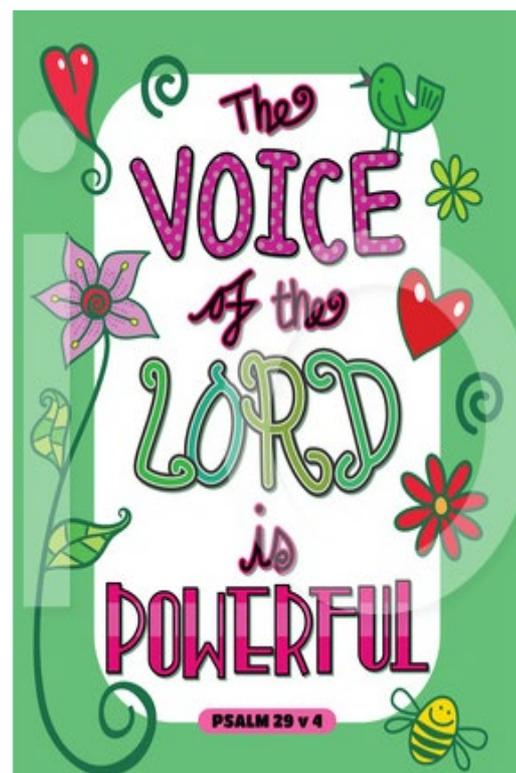
6 He makes them skip like a calf:  
Lebanon and Sirion like a young wild ox.

7 The voice of the Lord divides the lightning-flash:  
the voice of the Lord whirls the sands of the  
desert,  
the Lord whirls the desert of Kadesh.

8 The voice of the Lord rends the terebinth trees,  
and strips bare the forests:  
in his temple all cry 'Glory.'

9 The Lord sits enthroned above the water-flood:  
the Lord sits enthroned as a king for ever.

10 The Lord will give strength to his people:  
the Lord will give to his people the blessing of peace.





**prayer-time** Now let us continue to offer our prayers for healing of the world; for those affected by coronavirus; for family; for members of the parish and wider community, for the life and ministry of the Church, for encouragement in our journey of faith.

• ***Please pray alongside those in our parish asking for prayer.*** We continue to pray alongside, Melissa and Sam, Ted & Joyce and Miriam; Ann W, Ruth , Lynn Joannie, Matthew, Kym and Bob, Izabelle; Peta; Mariette; Joanne; Peter G, Peter C; Samantha; Fiona; Brenton; Sue; Pat; Brendon; Bill; David H; Diane; Jean; Carolyn; Allison; Angela; Carol; Shirley; Lucy Ann; Margaret, Lyn; Irene; Linda; Tina; Wendy; Chris; Trevor; Liz; Tristan & Trish S; Carole and family; Peter, Eleni and Nicholas; Jac Bishop, Joanie; Andrew; Kerrie; David Jones; Claire; Jean; Dan Thomas; Trish; Claire; Fr Graham & Catherine; & Blair; Aileen; Ann; Tom & Nick; Stephen, Bill, Eileen Cook; Tessa; Yvonne Scrutton; Sylvia; Gabrielle, Brenda; Judith: Gabrielle; and *any others we wish to remember..*



***Let us say the Lord's Prayer Together.***

***Our Father .....***

***Prayer of the Day***

Spirit of energy and change,  
in whose power Jesus was anointed  
to be the hope of the nations:  
be poured out also upon us  
without reserve or distinction,  
that we may have confidence and strength  
to implant your justice on the earth;  
through Jesus Christ. ***Amen.***



“Lord,  
teach us to  
pray...”

**Conclude the meal with the following prayer together.**

***May the grace of our Lord Jesus Christ,  
the love of God and the fellowship of the Holy Spirit  
be amongst us and remain with us always. Amen.***

- ***Intentional connection beyond your home*** After our Table Service, make contact with others who may be alone or missing seeing their families and loved ones during the Christmas Season. Wish them a Blessed and Safe New Year, remind them of the Joy of Christmas and the promise of a brighter and better future in 2022. Let God guide you to the person or persons with whom you should connect. Contact them. Start a conversation: How have you been keeping, what about this changing weather or hope you are keeping well, or I was just thinking of you and decided to call.

