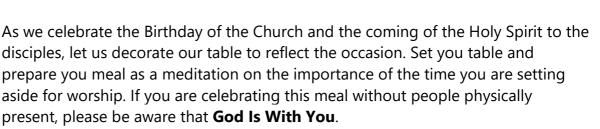


## SUNDAY TABLE SERVICE DAY OF PENTECOST Let us sit and watch Songs of Praise together on the ABC and then set the table for our Parish meal.



## • Setting our table for our Sunday lunch service.

Sometimes we eat, in front of the TV either together or alone; we eat on the run; we eat out in in restaurants or even in our car; but today we sit at a table that we have set for our Sunday lunch meal. It is our everyday altar of life-giving food.



What if God himself were to install everlasting batteries into us. Not only this but a constant download from heaven itself.

In the Christian calendar this week it is Pentecost Sunday. It's an incredible happening, flames on people's heads, people talking other people's languages. This day was no ordinary day, but not because of extraordinary events. It is also the beginning of what the ancient prophets foretold that His Spirit would come and dwell within us. It is actually the fulfilling of what God designed us to be and Jesus said He would make it happen. It is the supernatural beginning of a world where corruption and evil have no hold any more.

## opening prayer — consciously drawing together in our mind our Parish community around our table.

Be still and silent. Visualise in your mind, those whom you invited to share with you. Pray:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen. Here, and throughout the world, We adore you O Christ, and we bless you, because by your holy cross you have redeemed the world. Amen



Bless this food, both physical and spiritual.

## Let us read and reflect on our cycle of readings A reading from the Acts of the Apostles, Chapter 2 beginning at Verse 1



<sup>1</sup> When the day of Pentecost had come, they were all together in one place. <sup>2</sup> And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. <sup>3</sup> Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. <sup>4</sup> All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability. <sup>5</sup> Now there were



devout Jews from every nation under heaven living in Jerusalem. <sup>6</sup> And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. <sup>7</sup> Amazed and astonished, they asked, "Are not all these who are speaking Galileans? <sup>8</sup> And how is it that we hear, each of us, in our own native language? <sup>9</sup> Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, <sup>10</sup> Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, <sup>11</sup> Cretans and Arabs—in our own languages we hear them speaking about God's deeds of power." <sup>12</sup> All were amazed and perplexed, saying to one another, "What does this mean?" <sup>13</sup> But others sneered and said, "They are filled with new wine." <sup>14</sup> But Peter, standing with the eleven, raised his voice and addressed them, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. <sup>15</sup> Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. <sup>16</sup> No, this is what was spoken through the prophet Joel: <sup>17</sup> 'In the last days it will be, God declares, that I will pour out my Spirit upon all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams. <sup>18</sup> Even upon my slaves, both men and women, in those days I will pour out my Spirit; and they shall prophesy. <sup>19</sup> And I will show portents in the heaven above and signs on the earth below, blood, and fire, and smoky mist. <sup>20</sup> The sun shall be turned to darkness and the moon to blood, before the coming of the Lord's great and glorious day.<sup>21</sup> Then everyone who calls on the name of the Lord shall be [NRSV Acts 2:1-21] saved.'

Hear the word of the Lord,

#### thanks be to God

## Psalm 104:26-36

- 26 Lord, how various are your works: in wisdom you have made them all, and the earth is full of your creatures.
- 27 There is the wide, immeasurable sea: there move living things without number, great and small;
- 28 There go the ships, to and fro: and there is that Leviathan whom you formed to sport in the deep.
- 29 These all look to you:to give them their food in due season.
- 30 When you give it to them, they gather it: when you open your hand they are satisfied with good things.
- 31 When you hide your face, they are troubled: when you take away their breath, they die and return to their dust.
- 32 When you send forth your spirit they are created: and you renew the face of the earth.
- 33 May the glory of the Lord endure for ever: may the Lord rejoice in his works.
- 34 If he look upon the earth, it shall tremble:if he but touch the mountains, they shall smoke.
- 35 I will sing to the Lord as long as I live:I will praise my God while I have any being.
- 36 May my meditation be pleasing to him: for my joy shall be in the Lord.



### A reading from the letter of Paul to the Romans, Chapter 8 beginning at Verse 22



<sup>22</sup> We know that the whole creation has been groaning in labour pains until now; <sup>23</sup> and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies.<sup>24</sup> For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? <sup>25</sup> But if we hope for what we do not see, we wait for it with patience. <sup>26</sup> Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words.<sup>27</sup> And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes

[NRSV Romans 8:22-27]

for the saints according to the will of God. Hear the word of the Lord,

thanks be to God.

## The Gospel of our Lord Jesus Christ according to John, Chapter 15 beginning at verse 26 Glory to you Lord Jesus Christ.

<sup>26</sup> 'When the Advocate comes, whom I will send to you from the Father, the Spirit of truth who comes from the Father, he will testify on my behalf.<sup>27</sup> You also are to testify because you have been with me from the beginning.



<sup>4b</sup> 'I did not say these things to you from the beginning, because I was with you. <sup>5</sup> But now I am going to him who sent me; yet none of you asks me, "Where are you going?" <sup>6</sup> But because I have said these things to you, sorrow has filled your hearts.<sup>7</sup> Nevertheless, I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Advocate will not come to you; but if I go, I will send him to you.<sup>8</sup> And when he comes, he will prove the world wrong about sin and righteousness and judgement: <sup>9</sup> about sin, because they do not believe in me; <sup>10</sup> about righteousness, because I am going to the Father and you will see me

no longer; <sup>11</sup> about judgement, because the ruler of this world has been condemned.

<sup>12</sup> 'I still have many things to say to you, but you cannot bear them now.<sup>13</sup> When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. <sup>14</sup> He will glorify me, because he will take what is mine and declare it to you. <sup>15</sup> All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you.

[NRSV John 15:26-27; 16:4b-15]

This is the Gospel of the Lord,

praise to you Lord Jesus Christ.

#### Sentence

'A new heart I will give you, and a new spirit I will put within you,' says the Lord God; 'I will put my spirit within you and you shall live.'

Let us now engage in some quiet reflection, or conversation and sharing, responding to the Gospel passage. We may like to write down some key thoughts for further reflection.

#### I will put my spirit within you, and you shall live.

#### It is to your advantage that I go away, for if I do not go away, the Advocate will not come to you;.

Christmas heralds Jesus coming into humanity to begin the work that God planned. Easter, the cross of forgiveness and healing, celebrates the fulfilment of God's redemption for humanity opening the way for His Spirit to work within us. Both these events lead us to Pentecost which is that God now comes to dwell within our souls. He makes those who follow all He is, His holy place. Spiritual virtues, and wholesomeness become part of who we are.

**prayer-time** Now let us continue to offer our prayers for those in need, those looking for peace and reconciliation. Lord, Lead us from death to life, From falsehood to truth. Lead us from despair to hope, from fear to trust. Let peace fill our hearts, our world and our universe. Let us dream together, pray together and work together, To build one world of peace and justice for all. Amen.. We pray for family; for members of the parish and wider community, for the life and ministry of the Church, for encouragement in our journey of faith.

We continue to pray alongside those in our parish asking for prayer, We give thanks for the life work and witness of Mary Ray, who passed away peacefully last we. we pray for Gods grace to comfort her family and friends as they come to terms with their loss. May she rest in peace and rise in glory. Wendy, Gweneth, Jo and Ginne ,Joyce and Ted Matthew, Ann , Kathryn and Keiran, Ruth, Jean N, Brendas family, Colin, Allison, Pat Foord, , Georgia (Sunaras Mum). Pat V David, Brenda, Joanie, Jo Jan, Joy I, Leanne, Daniella, Mary R, Jac Bishop; Eileen Cook; Yvonne S; Ursula Pridham; Trish McD; Barbara Webber; Tom Arnold; Nicholas & Ben; Sue & Frank Thomas; Gordon Russell; Emily and her family; Trish Simon; Christina and any others we wish to remember, either silently or aloud.

## Let us say the Lord's Prayer Together. Our Father .....



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## Prayer of the Day

Almighty God, you sent your Holy Spirit to be the life and light of your Church: open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love, joy, and peace; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.** 

#### Conclude the meal with the following prayer together.

# May the grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit, be amongst us and remain with us always. Amen.

#### intentional connection beyond your home

After our Table Service spend some time reaching out to others, a member of your family, or someone who does not have family, or a friend, someone in your community who may be alone and would welcome a call or message from you. , Let God guide you to the



person or persons with whom you should connect. Contact them. Start a conversation: 'I was thinking of you......' Or What did you think of......