

God provides

FOR THOSE
HE LOVES
EVEN WHILE
THEY SLEEP.

SUNDAY TABLE SERVICE

Sunday 10th November 2024

*Let us sit and watch Songs of Praise
together on the ABC*

Christ, having been offered once to bear the
sins of many, will appear a second time, not to
deal with sin but to save those who are eagerly
waiting for Him
Hebrews 9:28

Setting our table for our Sunday lunch service.

Sometimes we eat, in front of the TV either together or alone; we eat on the run; we eat out in restaurants or even in our car; but today we sit at a table that we have set for our Sunday lunch meal. It is our everyday altar of life-giving food.

Prayerful and intentional preparation for a meal

As we celebrate today let us define the occasion by adding something special to our table, Give some thought to the presentation of our meal as a meditation on the importance of the time we are setting aside for worship.

If you are celebrating this meal without people physically present, please be aware that **God Is With You.**



We all see them, people who put on airs and graces. A performance of pride to show they are in ways better than others. Their hearts and minds are about themselves. They stroke their pride, even as they do deeds of good. Jesus asks, where is God in all this show? Then he looks to a woman in poverty who give something simply out of the little she had. She gave out of her needs and it cost her everything. There Jesus points to God's presence for she gave out of her heart and for no return.

opening prayer — consciously drawing together in our mind our Parish community around our table.

Be still and silent.

Visualise in your mind, those whom you invited to share with you.

Pray:

**In the name of the Father, and of the Son,
and of the Holy Spirit. Amen.**

Here, and throughout the world,

**We adore you O Christ, and we bless you, because by your holy cross
you have redeemed the world. Amen**

Bless this food, both physical and spiritual.

Bless all who gather at your table, both seen and unseen,

In Jesus' name we pray. Amen



Let us read and reflect on our cycle of readings.

A reading from the book of Ruth 3:1-5; 4:13-17



Naomi her mother-in-law said to Ruth, "My daughter, I need to seek some security for you, so that it may be well with you. Now here is our kinsman Boaz, with whose young women you have been working. See, he is winnowing barley tonight at the threshing floor. Now wash and anoint yourself, and put on your best clothes and go down to the threshing floor; but do not make yourself known to the man until he has finished eating and drinking. When he lies down,

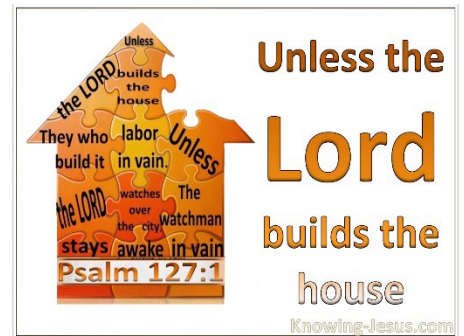
observe the place where he lies; then, go and uncover his feet and lie down; and he will tell you what to do." She said to her, "All that you tell me I will do."

So Boaz took Ruth and she became his wife. When they came together, the Lord made her conceive, and she bore a son. Then the women said to Naomi, "Blessed be the Lord, who has not left you this day without next- of-kin; and may his name be renowned in Israel! He shall be to you a restorer of life and a nourisher of your old age; for your daughter-in-law who loves you, who is more to you than seven sons, has borne him." Then Naomi took the child and laid him in her bosom, and became his nurse. The women of the neighbourhood gave him a name, saying, "A son has been born to Naomi." They named him Obed; he became the father of Jesse, the father of David.

Hear the word of the Lord. **Thanks be to God.**

Psalm 127 — A.P.B.A. Page 362

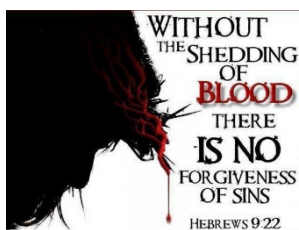
- 1 Unless the Lord builds the house:
their labour is but lost that build it.
- 2 Unless the Lord keeps the city:
the watchmen watch in vain.
- 3 It is in vain that you rise up early
and go so late to rest eating the bread of toil:
for the Lord bestows honour and on those whom he loves.
- 4 Behold children are a heritage from the Lord:
and the fruit of the womb is his gift.
- 5 Like arrows in the hand of a warrior:
are the children of one's youth.
- 6 Happy the man who has his quiver full of them:
he will not be put to shame when he confronts his enemies at the gate.



Second Reading

A reading from the letter to the Hebrews 9:23-28

Thus it was necessary for the sketches of the heavenly things to be purified with these rites, but the heavenly things themselves need better sacrifices than these. For Christ did not enter a sanctuary made by human hands, a mere copy of the true one, but he entered into heaven itself,



now to appear in the presence of God on our behalf. Nor was it to offer himself again and again, as the high priest enters the Holy Place year after year with blood that is not his own; for then he would have had to suffer again and again since the foundation of the world. But as it is, he has appeared once for all at the end of the age to remove sin by the sacrifice of himself. And just as it is appointed for mortals to die once, and after that the judgment, so Christ, having been offered once to bear

the sins of many, will appear a second time, not to deal with sin, but to save those who are eagerly waiting for him.

Hear the word of the Lord. **Thanks be to God.**

The Gospel of our Lord Jesus Christ according to Mark 12:38-44

Glory to you Lord Jesus Christ

As Jesus taught, he said, "Beware of the scribes, who like to walk around in long robes, and to be greeted with respect in the marketplaces, and to have the best seats in the synagogues and places of honour at banquets! They devour widows' houses and for the sake of appearance say long prayers. They will receive the greater condemnation." He sat down opposite the treasury,

and watched the crowd putting money into the treasury. Many rich people put in large sums. A poor widow came and put in two small copper coins, which are worth a penny. Then he called his disciples and said to them, "Truly I tell you, this poor widow has put in more than all those who are contributing to the treasury. For all of them have contributed out of their abundance; but she out of her poverty has put in everything she had, all she had to live on."

The Gospel of the Lord **Praise to you Lord Jesus Christ.**



Sentence

Give and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back. Luke 6.38

Let us now engage in some quiet reflection, or conversation and sharing, responding to the Gospel passage. We may like to write down some key thoughts for further reflection.

Mark 12:44. But she gave out of her poverty.

Heb 9:24 For Christ entered heaven itself, now to appear in the presence of God on our behalf.

People get trapped into building kingdoms for themselves. Tomorrow circumstances can take it all away. In the Psalm, David says unless the Lord builds the house, those who build it labour in

vain. When what we do or give and even the identities we are, are built in gratitude to Gods work in our lives, then it is God who will build on this. When we do things in the Spirit of God it generates blessings in a myriad of ways. Done for ones own glory it is restrictive and limited. And Jesus lived and died this for us to emanate as well. When we become this the results speak for themselves.



prayer-time We pray for family; for members of the parish and wider community, for the life and ministry of the Church, for encouragement in our journey of faith. We offer our prayers for those in need, those looking for peace and reconciliation.

We pray for all those suffering from the effects of natural disasters remembering especially the people of Spain as they overcome the results of the flash floods in various regions. For all those affected by conflicts and violence; all who seek refuge in far off places; all who suffer from the result of war. Merciful God, Help us to listen to your voice, and to respond with faith and obedience. Help us to see your face, and to reflect your love and compassion. Help us to follow your will, and to serve your purpose. In Jesus' name we pray. **Amen.**



We pray alongside those in our parish asking for prayer, Rachel (Bill *& Margarets daughter), Steve (Fr Dennis and Mary son), Ebony (Peter and Heather's daughter in law) Deryn recovering from surgery, Pat, Jean, Nicole, David, Takoohi , Glenda, Margaret, Wendy, Gweneth, Jo and Ginne ,Joyce and Ted, Matthew, Ann , Kathryn and Keiran, Ruth, Jean N, Colin , Georgia (Sunaras Mum). Pat V, Brenda, Joanie, Jo, Jan, Joy I, Jac Bishop; Eileen Cook; Ursula Pridham; Barbara Webber; Tom Arnold; Nicholas & Ben; Sue & Frank Gordon; Emily and her family; Trish Simon; Christina and any others we wish to remember, either silently or aloud.

Let us say the Lord's Prayer Together.

Our Father



Prayer of the Day

O God,
whose blessed Son came into the world
that he might destroy the works of evil
and make us your children and heirs of eternal life:
grant that, having this hope,
we may purify ourselves as he is pure;
that, when he comes again with power and great glory,
we may be made like him in his eternal and glorious kingdom;
where he lives and reigns with you
and the Holy Spirit, one God, for ever and ever. Amen.



Conclude the meal with the following prayer together.

***May the grace of our Lord Jesus Christ,
the love of God
and the fellowship of the Holy Spirit,
be amongst us and remain with us always.
Amen.***

intentional connection beyond your home

After our Table Service spend some time reaching out to others, a member of your family, or someone who does not have family, or a friend, someone in your community who may be alone and would welcome a call or message from you. , Let God guide you to the person or persons with whom you should connect. Contact them. Start a conversation: 'I was thinking of you.....' Or What did you think of.....

