



SUNDAY TABLE SERVICE

Sunday 17th November 2024

*Let us sit and watch Songs of Praise
together on the ABC*



Setting our table for our Sunday lunch service.

Sometimes we eat, in front of the TV either together or alone; we eat on the run; we eat out in restaurants or even in our car; but today we sit at a table that we have set for our Sunday lunch meal. It is our everyday altar of life-giving food.

Prayerful and intentional preparation for a meal

As we celebrate today let us define the occasion by adding something special to our table, Give some thought to the presentation of our meal as a meditation on the importance of the time we are setting aside for worship. If you are celebrating this meal without people physically present, please be aware that **God Is With You**.



One of the accusations levelled at Jesus was that he said he'd destroy the temple in Jerusalem. Seventy years after His crucifixion, to quell a Jewish rebellion the Romans destroyed the temple, not one stone remained. Jesus warned that there would be conflict and many would come saying they are him. They would be fake and cause harm. Then how do we know that our faith in an unseen Jesus is real? This is simple, when trouble is all around us, despite our concerns, we will have a peace that is beyond our explanations.



opening prayer — consciously drawing together in our mind our Parish community around our table.

Be still and silent.

Visualise in your mind, those whom you invited to share with you.

Pray:

**In the name of the Father, and of the Son,
and of the Holy Spirit. Amen.**

Here, and throughout the world,

**We adore you O Christ, and we bless you, because by your holy cross
you have redeemed the world. Amen**

Bless this food, both physical and spiritual.

Bless all who gather at your table, both seen and unseen,

In Jesus' name we pray. Amen



Let us read and reflect on our cycle of readings.

A reading from the first book of Samuel 1:4-20

On the day when Elkanah sacrificed, he would give portions to his wife Peninnah and to all her sons and daughters; but to Hannah he gave a double portion, because he loved her, though the Lord had closed her womb. Her rival used to provoke her severely, to irritate her, because the Lord had closed her womb. So it went on year by year; as often as she went up to the house of the Lord, she used to provoke her. Therefore Hannah wept and would not eat. Her husband Elkanah said to her, "Hannah, why do you weep? Why do you not eat? Why is your heart sad? Am I not more to you than ten sons?" After they had eaten and drunk at Shiloh, Hannah rose

and presented herself before the Lord. Now Eli the priest was sitting on the seat beside the doorpost of the temple of the Lord. She was deeply distressed and prayed to the Lord, and wept bitterly. She made this vow: "O Lord of hosts, if only you will look on the misery of your servant, and remember me, and not forget your servant, but will give to your servant a male child, then I will set him before you as a nazirite until the day of his death. He shall drink neither wine nor intoxicants, and no razor shall touch his head." As she continued praying before the Lord, Eli



observed her mouth. Hannah was praying silently; only her lips moved, but her voice was not heard; therefore Eli thought she was drunk. So Eli said to her, "How long will you make a drunken spectacle of yourself? Put away your wine." But Hannah answered, "No, my Lord, I am a woman deeply troubled; I have drunk neither wine nor strong drink, but I have been pouring out my soul before the Lord. Do not regard your servant as a worthless woman, for I have been speaking out of my great

anxiety and vexation all this time." Then Eli answered, "Go in peace; the God of Israel grant the petition you have made to him." And she said, "Let your servant find favour in your sight." Then the woman went to her quarters, ate and drank with her husband, and her countenance was sad no longer. They rose early in the morning and worshipped before the Lord; then they went back to their house at Ramah. Elkanah knew his wife Hannah, and the Lord remembered her. In due time Hannah conceived and bore a son. She named him Samuel, for she said, "I have asked him of the Lord."

Hear the word of the Lord. Thanks be to God.

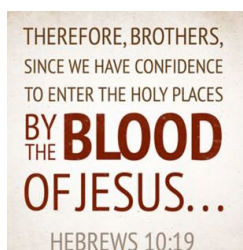
For the Psalm "Song of Hannah" A.P.B.A. page 429

My heart exults in the Lord: my strength is exulted in my God.
 My mouth derides my enemies: because I rejoice in your salvation.
 There is no Holy One like you O Lord: nor any Rock like you our God.
 For you are a God of knowledge: and by you our actions are weighed.
 The bows of the mighty are broken: but the feeble gird on strength.
 Those who were full now search for bread: but those who were hungry are well fed.
 the barren woman has borne sevenfold: but she who has many children is forlorn.
 Both the poor and the rich are of your making: you bring low and you also exalt.
 You raise up the poor from the dust: and lift the needy from the ash heap.
 You make them sit with the rulers: and inherit a place of honour.
 For the pillars of the earth are yours: and on them you have set the world.



A reading from the letter to the Hebrews 10:11-14, 19-25

Every priest stands day after day at his service, offering again and again the same sacrifices that can never take away sins. But when Christ had offered for all time a single sacrifice for sins, "he sat down at the right hand of God," and since then has been waiting "until his enemies would be made a footstool for his feet." For by a single offering he has perfected for all time those who are sanctified.



Therefore, my friends, since we have confidence to enter the sanctuary by the blood of Jesus, by the new and living way that he opened for us through the curtain (that is, through his flesh), and since we have a great priest over the house of God, let us approach with a true heart in full assurance of faith, with our hearts sprinkled clean from an evil conscience and our bodies washed with pure water. Let us hold fast to the confession of our hope without wavering, for he who has promised is faithful. And let us consider how to provoke one

another to love and good deeds, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day approaching.
Hear the word of the Lord. Thanks be to God.

The Gospel of our Lord Jesus Christ according to Mark 13:1-11

Glory to you Lord Jesus Christ

As Jesus came out of the temple, one of his disciples said to him, "Look, Teacher, what large stones and what large buildings!" Then Jesus asked him, "Do you see these great buildings? Not one stone will be left here upon another; all will be thrown down."

When he was sitting on the Mount of Olives opposite the temple, Peter, James, John, and Andrew asked him privately, "Tell us, when will this be, and what will be the sign that all these things are about to be accomplished?" Then Jesus began to say to them, "Beware that no one leads you astray. Many will come in my name and say, 'I am he!' and they will lead many astray. When you hear of wars and rumours of wars, do not be alarmed; this must take place, but the end is still to come. For nation will rise against nation, and kingdom against kingdom; there will be earthquakes in various places; there will be famines. This is but the beginning of the birth pangs. As for yourselves, beware; for they will hand you over to councils; and you will be beaten in synagogues; and you will stand before governors and kings because of me, as a testimony to them. And the good news must first be proclaimed to all nations. When they bring you to trial and hand you over, do not worry beforehand about what you are to say; but say whatever is given you at that time, for it is not you who speak, but the Holy Spirit."



The Gospel of the Lord Praise to you Lord Jesus Christ.

Sentence

The Lord will judge the ends of the earth; he will give strength to his king, and exalt the power of his anointed.
1 Samuel 2.10

Let us now engage in some quiet reflection, or conversation and sharing, responding to the Gospel passage. We may like to write down some key thoughts for further reflection.

Mark 13:5 Beware that no one leads you astray.

Heb 10:17. I will remember their sins and their lawless deeds no more."



In the Hebrews reading it explains that the Priests made sacrifices over and over again. The problem of sin was never overcome. Jesus became that one sacrifice for all time. Instead of going into the temple He entered into the Heavenly dwelling place of God. The matter of sin was settled. We can come to God as our loving Father because of Jesus. It is God through Jesus who cleanses and heals our souls.

We then enter into an assurance that we belong to God. This is the peace we can live out daily and dwell in permanently. This is where the Spirit and Faith combine. Almost imperceptibly we begin to change into His nature.

prayer-time We pray for family; for members of the parish and wider community, for the life and ministry of the Church, for encouragement in our journey of faith. We offer our prayers for those in need, those looking for peace and reconciliation.

Father God, we pray for our world today. We pray for peace and hope to abound.

Many are affected by natural disasters: floods, droughts and forest fires. Many are struggling with conflict, poverty and the global food crisis.

O Lord, we pray for your provision, peace and protection. In Jesus' name, Amen.



We pray alongside those in our parish asking for prayer, Patrusca, Lorraine, Rachel (Bill * & Margarets daughter), Steve (Fr Dennis and Mary son), Ebony (Peter and Heather's daughter in law) Deryn recovering from surgery, Pat, Jean, Nicole, David, Takoohi , Glenda, Margaret, Wendy, Gweneth, Jo and Ginne ,Joyce and Ted, Matthew, Ann , Kathryn and Keiran, Ruth, Jean N, Colin , Georgia (Sunaras Mum). Pat V, Brenda, Joanie, Jo, Jan, Joy I, Jac Bishop; Eileen Cook; Ursula Pridham; Barbara Webber; Tom Arnold; Nicholas & Ben; Sue & Frank Gordon; Emily and her family; Trish Simon; Christina and any others we wish to remember, either silently or aloud.

Let us say the Lord's Prayer Together.

Our Father



Prayer of the Day

O God, welcoming refuge for the outcast, and upholder of justice for the oppressed: maintain the hope of the poor, so that the time may soon come when no one need want for food and shelter, and all will learn to share freely following the example of your Son, who gave his very self; who now lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.



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Conclude the meal with the following prayer together.

***May the grace of our Lord Jesus Christ,
love of God
and the fellowship of the Holy Spirit,
be amongst us and remain with us always.
Amen.***

intentional connection beyond your home

After our Table Service spend some time reaching out to others, a member of your family, or someone who does not have family, or a friend, someone in your community who may be alone and would welcome a call or message from you. , Let God guide you to the person or persons with whom you should connect. Contact them. Start a conversation: 'I was thinking of you.....' Or What did you think of.....

