



SUNDAY TABLE SERVICE

Sunday 19th January 2025

*Let us sit and watch Songs of Praise
together on the ABC*



Setting our table for our Sunday lunch service.

Sometimes we eat, in front of the TV either together or alone; we eat on the run; we eat out in restaurants or even in our car; but today we sit at a table that we have set for our Sunday lunch meal. It is our everyday altar of life-giving food. Give some thought to the presentation of our meal as a meditation on the importance of the time we are setting aside for worship, let us define the occasion by adding something special to our table. If you are celebrating this meal alone please be aware that **God Is With You.**



The Gospel reading is about Jesus turning the water into wine. This miracle isn't the most profound thing that happened at the wedding in Canan. Mary said such a simply yet fundamental thing. "Do whatever He tells you". The servants could have protested that filling up wine Jars with water, they might end up looking like fools. Yet they did what Jesus asked and all at the wedding guests were blessed even though most didn't know that a miracle happened. Because of the servants compliance they were involved in making the impossible, possible.



opening prayer — consciously drawing together in our mind our Parish community around our table.

Be still and silent.

Visualise in your mind, those whom you invited to share with you.

Pray:

**In the name of the Father, and of the Son,
and of the Holy Spirit. Amen.
Here, and throughout the world,
adore you O Christ, and we bless you,
because by your holy cross you have redeemed the world.
Amen**

**Bless this food, both physical and spiritual.
Bless all who gather at your table, both seen and unseen,
In Jesus' name we pray. Amen**



Let us read and reflect on our cycle of readings.

A reading from the prophet Isaiah 62:1-5

For Zion's sake I will not keep silent, and for Jerusalem's sake I will not rest, until her vindication shines out like the dawn, and her salvation like a burning torch. The nations shall see your vindication, and all the kings your glory; and you shall be called by a new name that the mouth of the Lord will give. You shall be a crown of beauty in the hand of the Lord, and a royal diadem in the hand of your God. You shall no more be termed Forsaken, and your land shall no more be termed Desolate; but you shall be called My Delight Is in Her, and your land Married; for the Lord delights in you, and your land shall be married. For as a young man marries a young woman, so shall your builder marry you, and as the bridegroom rejoices over the bride, so shall your God rejoice over you.

Hear the word of the Lord.

Thanks be to God.

Psalm 36:5-10 — A.P.B.A. page 257

- 5 Your unfailing kindness O Lord is in the heavens:
and your faithfulness reaches to the clouds.
- 6 Your righteousness is like the strong mountains:
and your justice as the great deep; you O Lord save both man and
beast.
- 7 How precious O God is your enduring kindness:
the children of Adam shall take refuge under the shadow of your wings.
- 8 They shall be satisfied with the good things of your house:
and you will give them drink from the river of your delights.
- 9 For with you is the well of life;
and in your light shall we see light.
- 10 O continue your merciful kindness toward those who know you: and your
righteous dealing
to those that are true of heart.



A reading from the First Letter to the Corinthians 12:1-11

Concerning spiritual gifts, brothers and sisters, I do not want you to be uninformed. You know that when you were pagans, you were enticed and led astray to idols that could not speak. Therefore I want you to understand that no one speaking by the Spirit of God ever says "Let Jesus be cursed!" and no one can say "Jesus is Lord" except by the Holy Spirit. Now there are varieties of gifts, but the same Spirit; and there are varieties of services, but the same Lord; and there are varieties of activities,

but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good. To one is given through the Spirit the utterance of wisdom, and to another the utterance of knowledge according to the same Spirit, to another faith by the same Spirit, to another gifts of healing by the one Spirit, to another the working of miracles, to another prophecy, to another the discernment of spirits, to another various kinds of tongues, to another the interpretation of tongues. All these

are activated by one and the same Spirit, who allots to each one individually just as the Spirit chooses.

Hear the word of the Lord.

Thanks be to God.

The Gospel of our Lord Jesus Christ according to John 2: 1-11
Glory to you Lord Jesus Christ



There was a wedding in Cana of Galilee, and the mother of Jesus was there. Jesus and his disciples had also been invited to the wedding. When the wine gave out, the mother of Jesus said to him, "They have no wine." And Jesus said to her, "Woman, what concern is that to you and to me? My hour has not yet come." His mother said to the servants, "Do whatever he tells you." Now standing there were six stone water jars for the Jewish rites of purification, each holding twenty or thirty gallons.



Jesus said to them, "Fill the jars with water." And they filled them up to the brim. He said to them, "Now draw some out, and take it to the chief steward." So they took it. When the steward tasted the water that had become wine, and did not know where it came from (though the servants who had drawn the water knew), the steward called the bridegroom and said to him, "Everyone serves the good wine first, and then the inferior wine after the guests have become drunk. But you have kept the good wine until now." Jesus did this, the first of his signs, in Cana of Galilee, and revealed his glory; and his disciples

believed in him.

The Gospel of the Lord

Praise to you Lord Jesus Christ.

Sentence

Jesus revealed his glory, and his disciples believed in him. John 2.11

Let us now engage in some quiet reflection, or conversation and sharing, responding to the Gospel passage. We may like to write down some key thoughts for further reflection.

John 2:5 She said to the servants, "Do whatever he tells you."

I Corinthians 12:6 but it is the same God who activates all of them in everyone.

To do whater He tells you. What if we acturally did? What if we put aside our own sensitivities and did what Jesus has taught us. The truth is we will never know until we do. It is when we apply the attributes of Christ that this opens the door for God to prove word. As His servants we can enter into the impossible and see possible come about and bless many abundantly. God doesn't to do the miracle, He asks us to obey Him and in this He opens infinite possibilities.



His
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ask us
His

prayer-time We pray for family; for members of the parish and wider community, for the life and ministry of the Church, for encouragement in our journey of faith.



Father God, we pray for our world today. For all those recovering from natural disasters, war, famine and loss. Father, We pray for all those affected by these wildfires in areas of Southern California., we pray for safe shelters and provision and protection for those affected and for those still in the path of danger Lord, we pray for the firefighters, first responders, and neighbours as they seek to help others. We pray for those who have lost their lives, those still missing and those injured in the fires.

We give thanks for the life work and witness of Patricia Foord, (St Nicholas Seaford and SCC) Be with her family as they mourn her passing , let them be confident that she is now reunited with Fred and safely in the arms of her God.



We pray alongside those in our parish asking for prayer, Sue Mc, Griselda, Patrusca, Lorraine, Rachel (Bill *& Margarets daughter), Steve (Fr Dennis and Mary son), Ebony (Peter and Heather's daughter in law) Deryn recovering from surgery, Pat, Jean T Nicole, David, Takoohi , Glenda, Margaret, Wendy, Gweneth, Jo and Ginne ,Joyce and Ted, Matthew, Ann ,

Kathryn and Keiran, Ruth, Jean N, Colin , Georgia (Sunaras Mum). Pat V, Brenda, Joanie, Jo, Jan, Joy I, Jac Bishop; Eileen Cook; Ursula Pridham; Barbara Webber; Tom Arnold; Nicholas & Ben; Sue & Frank Gordon; Emily and her family; Trish Simon; Christina and any others we wish to remember, either silently or aloud.

Let us say the Lord's Prayer Together. Our Father

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Prayer of the Day

Bountiful God,
whose Son revealed his glory at Cana of Galilee,
help us to believe and obey,
so that, as our Saviour promised,
we may be filled with the wine of new life
and show forth his joy and love;
who lives and reigns with you
in the unity of the Holy Spirit,
one God, now and for ever. Amen.

Conclude the meal with the following prayer together.



***May the grace of our Lord Jesus Christ,
the love of God
and the fellowship of the Holy Spirit,
be amongst us and remain with us always.
Amen.***

intentional connection beyond your home

After our Table Service spend some time reaching out to others, a member of your family, or someone who does not have family, or a friend, someone in your community who may be alone and would welcome a call or message from you. Wish them a Happy New Year and let them know of the hope God gives them as they journey through the year: a time of new beginnings with the promise of God's unconditional love and blessing for us all.

Let God guide you to the person or persons with whom you should connect. Contact them. Start a conversation: 'I was thinking of you.....' Or What did you think of.....

