



Trinity Sunday 15th June 2025

SUNDAY TABLE SERVICE

Let us sit and watch Songs of Praise together on the ABC and then set the table for our Parish meal.



Prayerful and intentional preparation for a meal

Sometimes we eat, in front of the TV either together or alone; we eat on the run; we eat out in restaurants or even in our car; but today we sit at a table that we have set for our Sunday lunch meal. It is our everyday altar of life-giving food. TODAY is Trinity Sunday, a time to reflect on the wonder and glory of our God, as the Father the Son and the Holy Spirit, Give some thought to the presentation of your meal as a meditation on the importance of the time you are setting aside for worship. Make it pleasing to your eye. If you are celebrating this meal without people physically present, please be aware that **God Is With You.**

The reality is, if we disregard the role of the Holy Spirit in our lives then we lack the understanding of what living for God is all about. Church might as well be just another social club. Our good works might as well be another social work service. It is the Holy Spirit in our lives that marks us as distinctly different. The Holy Spirit is who the world sees in us. In John 15 it says, He testifies of Gods presence in our lives. When we invite the Holy Spirit to lead us we enter into the completeness of the Trinity. We are drawn into knowing ever deeper the love our Father has for us and Christ words become a living thing in us.



THREE IN ONE

opening prayer — consciously drawing together in our mind our Parish community around our table.

Be still and silent. Visualise in your mind, those whom you invited to share with you. Pray:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Here, and throughout the world, We adore you O Christ, and we bless you, because by your holy cross you have redeemed the world. Amen

Bless this food, both physical and spiritual. Bless all who gather at your table, both seen and unseen, In Jesus' name we pray. Amen

• Let us read and reflect on our cycle of readings.

A reading from the Book of Proverbs 8:1-4, 22-31

Does not wisdom call, and does not understanding raise her voice?
On the heights, beside the way, at the crossroads she takes her stand;
beside the gates in front of the town, at the entrance of the portals she cries out: "To you, O people, I call, and my cry is to all that live.
The Lord created me at the beginning of his work, the



first of his acts of long ago. Ages ago I was set up, at the first, before the beginning of the earth. When there were no depths I was brought forth, when there were no springs abounding with water. Before the mountains had been shaped, before the hills, I was brought forth — when he had not yet made earth and fields, or the world's first bits of soil. When he established the heavens, I was there, when he drew a circle on the face of the deep, when he made firm the skies above, when he established the fountains of the deep, when he assigned to the sea its limit, so that the waters might not transgress his command, when he marked out the foundations of the earth, then I was beside him, like a master worker; and I was daily his delight, rejoicing before him always, rejoicing in his inhabited world and delighting in the human race."

Hear the word of the Lord. Thanks be to God.

Psalm 8 — A.P.B.A. Page 229

1 O Lord our Governor:

how glorious is your name in all the earth!

2 Your majesty above the heavens is yet recounted:
by the mouths of babes and sucklings.

3 You have founded a strong defence against your
adversaries:

to quell the enemy and the avenger.

4 When I consider your heavens the work of your fingers:
the moon and the stars which you have set in order,

5 What are we that you should be mindful of us:
what are we that you should care for us?

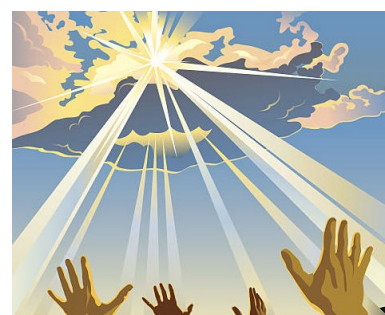
6 Yet you have made us little less than gods:
and have crowned us with glory and honour.

7 You have given us dominion over your handiwork:
and have put all things in subjection beneath our feet,

8 All sheep and oxen:
and all the creatures of the field,

9 The birds of the air and the fish of the sea: and everything that moves
in the pathways of the great waters.

10 O Lord our Governor:
how glorious is your name in all the earth!



A reading from the Letter to the Romans 5: 1-5



Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy

Spirit that has been given to us.

Hear the word of the Lord. **Thanks be to God.**

The Gospel of our Lord Jesus Christ according to John 16:12-15

Glory to you Lord Jesus Christ

Jesus said to his disciples:

"I still have many things to say to you, but you cannot bear them now.

When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is mine and declare it to you. All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you."



The Gospel of the Lord **Praise to you Lord Jesus Christ.**

Sentence

Does not wisdom call, and does not understanding raise her voice? 'The Lord created me at the beginning of his work, the first of his acts of long ago.' Proverbs 8.1,22

Let us now engage in some quiet reflection, or conversation and sharing, responding to the passages of scripture.. We may like to write down some key thoughts for further reflection.

'Suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.'



It is the Holy Spirit's role to reveal to us the nature of the Father and of Jesus' sacrificial love for us. We come to understand our part in the fullness of God and His mission to restore His likeness into humanity. With the Holy Spirit we are living examples of God's restoration. He enables us to live daily what salvation can be for all who receive Him.

prayer-time

Now let us continue to offer our prayers for healing of the world;. Lord we pray for your peace and comfort for all who don't know what tomorrow will bring, we pray for a ceasefire and for peace in all areas of conflict and war.

We pray for family; for members of the parish and wider community, for the life and ministry of the Church, for encouragement in our journey of faith.

Heavenly Father, We thank You for the gift of the Holy Spirit. Guide us with Your Spirit, Fill our hearts with Your love, And lead us to live according to Your will. **Amen.**



We pray alongside those in our parish asking for prayer, Stephen, Anne, Madeleine, Ken, Lynn H, Jo, Neville B, Jo, Mary and family, Lisa W, Jan Y, Michael, Andrew, Colin C, Cathy M, Pratibha K, Jeanette B, Barbara A, Jo M, Sue Mc, Griselda, Patrusca, Lorraine, Rachel, Steve, Ebony, Jean T, Nicole, David, Takoohi, Glenda, Margaret, Wendy, Gweneth, Jo and Ginne,

Matthew, Ann , Kathryn and Keiran, Ruth, Jean N, Georgia, Pat V, Brenda, Joanie, Jan, Joy I, Jac B; Eileen, Ursula P, Tom A, Nicholas & Ben; Sue & Frank G, Emily and her family; Trish S, Christina and any others we wish to remember, either silently or aloud. ...

Let us say the Lord's Prayer Together.

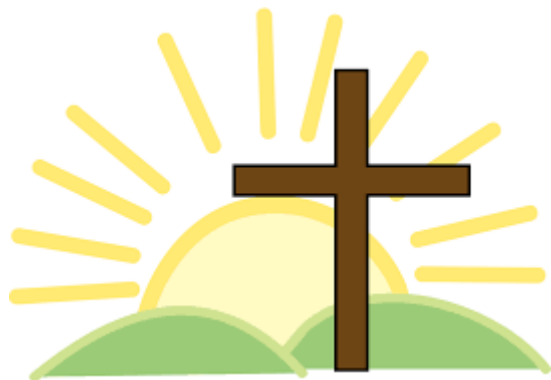
Our Father

Prayer for Trinity Sunday

Father, we praise you,
that through your Word and Holy Spirit you created all things;
you reveal your salvation in all the world through Jesus Christ,
the Word made flesh;
through your Holy Spirit you give us a share in your life and love;
fill us with the vision of your glory,
that we may always serve and praise you,
Father, Son, and Holy Spirit,
one God, for ever and ever. **Amen.**



Conclude the meal with the following prayer together.



***May the grace of our Lord Jesus Christ,
the love of God and the
fellowship of the Holy Spirit
be amongst us and remain with us always.
Amen.***

Intentional connection beyond your home

After our Table Service, take the time to contact other people you know, especially those on their own or separated from family and friends. Start a conversation: How have you been keeping, what about this changing weather or hope you are keeping well, I was as just thinking of you and decided to call. Let God guide you to the person or persons with whom you should connect.

