

TABLE SERVICE Sunday 6th July 2025 Pentecost 4 Let us sit and watch Songs of Praise together on the ABC and then set the table for our Parish meal.



Prayerful and intentional preparation for a meal

As we worship at home today let us define the occasion by adding something special to our table. Give some thought to the presentation of our meal as a meditation on the importance of the time we are setting aside for worship. If you are celebrating this meal without other people physically present, please be aware that **God Is With You**.



PEACE BE UPON YOU



This gospel talks about hospitality in the days of Jesus. Being hospitable to travellers was part of the culture that people practiced. So much so that to be inhospitable was a shame to the community. Seventy Disciples went about telling communities of the Kingdom of God and in doing so bringing the blessing of God's peace upon the homes that welcomed them in. There, they were able to

demonstrate God's authority by meeting the needs of those who welcomed them.

opening prayer — consciously drawing together in our mind our Parish community around our table.

Be still and silent. Visualise in your mind, those whom you invited to share with you. Pray:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Here, and throughout the world, We adore you O Christ, and we bless you, because by your holy cross you have redeemed the world. Amen

Bless this food, both physical and spiritual. Bless all who gather at your table, both seen and unseen, In Jesus' name we pray. Amen

A reading from the second book of Kings, Chapter 5 beginning at Verse 7

⁷ When the king of Israel read the letter, he tore his clothes and said, "Am I God, to give death or life, that this man sends word to me to cure a man of his leprosy?^[e] Just look and see how he is trying to pick a quarrel with me."⁸ But when Elisha the man of God heard that the king of Israel had torn his clothes, he sent a message to the king, "Why have you torn your clothes? Let him come to me, that he may learn that there is a prophet in Israel." ⁹ So Naaman came with his horses and chariots, and halted at the entrance of Elisha's house. ¹⁰ Elisha sent a messenger to him, saying, "Go, wash in the Jordan seven times, and your flesh shall be restored and you shall be clean." ¹¹ But

Naaman became angry and went away, saying, "I thought that for me he would surely come out, and stand and call on the name of the Lord his God, and would wave his hand over the spot, and cure the leprosy! Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Could I not wash in them, and be clean?" He turned and went away in a rage. But his servants approached and said to him, "Father, if the prophet had commanded you to do something difficult, would you not have done it? How much



more, when all he said to you was, 'Wash, and be clean'?" ¹⁴ So he went down and immersed himself seven times in the Jordan, according to the word of the man of God; his flesh was restored like the flesh of a young boy, and he was clean. Hear the word of the Lord, *thanks be to God*

Psalm 30

1 I will exalt you, O Lord, for you have drawn me up from the depths: and have not suffered my foes to triumph over me.

2 O Lord my God, I cried to you: and you have made me whole.

3 You brought me back, O Lord, from the land of silence: you saved my life from among those that go down to the Pit.

4 Sing praises to the Lord, all you his faithful ones: and give thanks to his holy name.

5 For if in his anger is havoc, in his good favour is life: heaviness may endure for a night, but joy comes in the morning. 6 In my prosperity I said 'I shall never be moved:

your goodness, O Lord, has set me on so firm a hill.'

7 Then you hid your face from me: and I was greatly dismayed.

8 I cried to you, O God and made my petition humbly to my Lord.

9 'What profit is there in my blood, if I go down to the Pit: can the dust give you thanks, or declare your faithfulness?

10 'Hear, O Lord, and be merciful: O Lord, be my helper.'

11 You have turned my lamentation into dancing:

you have put off my sackcloth and girded me with joy,

12 That my heart may sing your praise and never be silent:

O Lord my God, I will give you thanks for ever.



A reading from the second letter of Paul to the Galatians Chapter 6 beginning at Verse 7



⁷ Do not be deceived; God is not mocked, for you reap whatever you sow. ⁸ If you sow to your own flesh, you will reap corruption from the flesh; but if you sow to the Spirit, you will reap eternal life from the Spirit. ⁹ So let us not grow weary in doing what is right, for we will reap at harvest time, if we do not give up. ¹⁰ So then, whenever we have an opportunity, let us work for the good of all, and especially for those of the family of faith.

who want to make a good showing in the flesh that try to compel you to be circumcised—only that they may not be persecuted for the cross of Christ. ¹³ Even the circumcised do not themselves obey the law, but they want you to be circumcised so that they may boast about your flesh. ¹⁴ May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. ¹⁵ For neither circumcision nor uncircumcision is anything; but a new creation is everything! ¹⁶ As for those who will follow this rule—peace be upon them, and mercy, and upon the Israel of God. ¹⁷ From now on, let no one make trouble for me; for I carry the marks of Jesus branded on my body. ¹⁸ May the grace of our Lord Jesus Christ be with your spirit, brothers and sisters. Amen

Hear the word of the Lord,

thanks be to God.

The Gospel of our Lord Jesus Christ according to Luke, *Chapter 10 beginning at verse 1 Glory to you Lord Jesus Christ*.

10 After this the Lord appointed seventy others and sent them on ahead of him in pairs to every town and place where he himself intended to go. ² He said to them, "The harvest is plentiful, but the laborers are few; therefore ask the Lord of the harvest to send out laborers into his harvest. ³ Go on your way. See, I am sending you out like lambs into the midst of wolves. ⁴ Carry no purse, no bag, no sandals; and greet no one on the road. ⁵ Whatever house you enter, first say, 'Peace to this house!' ⁶ And if anyone is there who shares in peace, your peace will rest on that

person; but if not, it will return to you. ⁷ Remain in the same house, eating and drinking whatever they provide, for the laborer deserves to be paid. Do not move about from house to house. ⁸ Whenever you enter a town and its people welcome you, eat what is set before you; ⁹ cure the sick who are there, and say to them, 'The kingdom of God has come near to you.' ¹⁰ But whenever you enter a town and they do not welcome you, go out into its streets and say, ¹¹ 'Even the dust of your town that clings to our feet, we wipe off in protest against you. Yet know this: the kingdom of God has come near.' ¹² I tell you, on that day it will

be more tolerable for Sodom than for that town.

¹⁷ The seventy returned with joy, saying, "Lord, in your name even the demons submit to us!" ¹⁸ He said to them, "I watched Satan fall from heaven like a flash of lightning. ¹⁹ See, I have given you authority to tread on snakes and scorpions, and over all the power of the enemy; and nothing will hurt you. ²⁰ Nevertheless, do not rejoice at this, that the spirits submit to you, but rejoice that your names are written in heaven." ²¹ At that same hour Jesus rejoiced in the Holy



Spirit and said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. ²² All things have been handed over to me by my Father; and no one knows who the Son is except the Father, or who the Father is except the Son and anyone to whom the Son chooses to reveal him." ²³ Then turning to the disciples, Jesus said to them privately, "Blessed are the eyes that see what you see! ²⁴ For I tell you that many prophets and kings desired to see what you see, but did not see it, and to hear what you hear, but did not hear it."

This is the Gospel of the Lord,

praise to you Lord Jesus Christ.

Sentence

The harvest is plentiful, but the labourers are few; ask therefore the Lord of the harvest to send out labourers into his harvest.

Let us now engage in some quiet reflection, or conversation and sharing, responding to the passages of scripture.. We may like to write down some key thoughts for further reflection.

His favour is for a lifetime, Weeping may linger for the night, but joy comes in the morning. A new creation is everything! As for those who follow this rule – peace be upon them.



Today, when we walk in this authority, it is the same, we bring God's peace to others. When we have God's presence with us, His peace outflows to ultimately the body. This peace cannot be disrupted, even from demonic oppression. Paul encourages us in Galatians to be the people God has made us to be; that new creation which shows forth the life of His Spirit. This means God demonstrates His nature through us to those who need to know Him.

prayer-time Now let us continue to offer our prayers for healing of the world;. Lord we pray for your peace and comfort for all who don't know what tomorrow will bring, we pray for a ceasefire, and for those in power to work with truth and humility to bring peace to all areas of conflict and war.

We pray for family; for members of the parish and wider community, for the life and ministry of the Church, for encouragement in our journey of faith.

Heavenly Father, We thank You for the gift of the Holy Spirit. Guide us with Your Spirit, Fill our hearts with Your love, And lead us to live according to Your will. Amen.

We pray alongside those in our parish asking for prayer, Stephen, Anne, Madeleine, Ken, Lynn H, Jo, Neville B, Jo, Mary and family, Lisa W, Jan Y, Michael, Andrew, Colin C, Cathy M, Pratibha K, Jeanette B, Barbara A, Jo M, Sue Mc, Griselda, Patrusca, Lorraine, Rachel, Steve, Ebony, Jean T, Nicole, David, Takoohi, Glenda, Margaret, Wendy, Gweneth, Jo and Ginne, Matthew, Ann, Kathryn and Keiran, Ruth, Jean N, Georgia, Pat V, Brenda, Joanie, Jan, Joy I, Jac B; Eileen, Ursula P, Tom A, Nicholas & Ben; Sue & Frank G, Emily and her family; Trish S, Christina and any others we wish to remember, either silently or aloud.

Let us say the Lord's Prayer Together.

Our Father

Prayer for Sunday Pentecost 5

God of the covenant, in our baptism you called us to proclaim the coming of your kingdom: give us courage, as you gave it to the apostles, that we may faithfully witness to your love and peace in every circumstance of life; in the name of Jesus Christ our Redeemer, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

Amen.



Conclude the meal with the following prayer



May the grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be amongst us and remain with us always. Amen.

Intentional connection beyond your home

After our Table Service, take the time to contact other people you know, especially those on their own or separated from family and friends. Start a conversation: How have you been keeping, what about this really cold weather, hope you are keeping warm and well or, I was as just thinking of you and decided to call. Let God guide you to the person or persons with whom you should connect.

