



Sunday 10th May 2026

TABLE SERVICE

Let us sit and watch Songs of Praise together on the ABC and then set the table for our Parish meal.

Christ is Risen! Alleluia!

He is Risen indeed! Alleluia!



Prayerful and intentional preparation for a meal

As we continue to celebrate the resurrection of Jesus let us define the occasion by decorating our table with a variety of things that represent new beginnings, new ways and growth. If you are celebrating this meal without people physically present, please be aware that **God Is With You**.



IT IS GOD WHO BUILDS OUR FAITH.



What if you had a built-in satnav that could guide you through the things in life. We would have a confidence trusting that we are heading in the right direction. We too can have an assurance that a Spiritual installation into our souls brings great comfort and security.

But how? This comes simply by the desire to have an intimacy with God in our lives. Love and adherence to His love and grace is the key that opens our souls to knowing His Spirit within us. This impartation is our advocate in our relationship with God.

opening prayer — consciously drawing together in our mind our Parish community around our table.

Be still and silent. Visualise in your mind, those whom you invited to share with you. Pray:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Here, and throughout the world, We adore you O Christ, and we bless you, because by your holy cross you have redeemed the world. Amen

Bless this food, both physical and spiritual. Bless all who gather at your table, both seen and unseen, In Jesus' name we pray. Amen

Let us read and reflect on our cycle of readings.

A reading from the Acts of the Apostles Chapter 17, verses 22-31

Paul stood in front of the Areopagus and said, "Athenians, I see how extremely religious you are in every way. For as I went through the city and looked carefully at the objects of your worship, I found among them an altar with the inscription, 'To an unknown god.' What therefore you worship as unknown, this I proclaim to you. The God who made the world and everything in it, he who is Lord of heaven and earth, does not live in shrines made by human hands, nor is he served by human hands, as though he needed anything, since he himself gives to all mortals life and breath and all things. From one ancestor he made all nations to inhabit the whole earth, and he allotted the times of their existence and the boundaries of the places where they

*"In God we live
and move and have
our being..."
Acts 17:28*

would live, so that they would search for God and perhaps grope for him and find him — though indeed he is not far from each one of us. For 'In him we live and move and have our being'; as even some of your own poets have said, 'For we too are his offspring.' Since we are God's offspring, we ought not to think that the deity is like gold, or silver, or stone, an image formed by the art and imagination of mortals. While God has overlooked the times of human ignorance, now he commands all people everywhere to repent, because he has fixed a day on which he will have the world judged in righteousness by a man whom he has appointed, and of this he has given assurance to all by raising him from the dead."

Hear the word of the Lord.

Thanks be to God.

Psalm 66 Verses 7-19

7 O bless our God you peoples: and cause his praises to resound,

8 Who has held our souls in life: who has not suffered our feet to slip.

9 For you have proved us O God: you have tried us as silver is tried.

10 You brought us into the net: you laid sharp torment on our loins.

11 You let our enemies ride over our heads we went through fire and water:
but you brought us out into a place of liberty.

12 I will come into your house with burnt- offerings: and I will pay you my vows.

13 The vows that opened my lips: that my mouth uttered when I was in trouble.

14 I will offer you burnt-offerings of fattened beasts with the sweet smoke of rams:

I will sacrifice a bull and the flesh of goats.

15 Come then and hear all you that fear God:
and I will tell what he has done for me.

**16 I called to him with my mouth:
and his praise was on my tongue.**

17 If I had cherished wickedness in my heart:
the Lord would not have heard me.

18 But God has heard me:

he has heeded the voice of my prayer.

19 Praise be to God: who has not turned back my prayer
or his steadfast love from me.



A reading from the First Letter of Peter Chapter 3, verses 8-22

Brothers and sisters, have unity of spirit, sympathy, love for one another, a tender heart, and a humble mind. Do not repay evil for evil or abuse for abuse; but, on the contrary, repay with a blessing. It is for this that you were called — that you might inherit a blessing. For "Those who desire life and desire to see good days, let them keep their tongues from evil and their lips from speaking deceit; let them turn away from evil and do good; let them seek peace and pursue it. For the eyes of the Lord are on the righteous, and his ears are open to their prayer. But the face of the Lord is against those who do evil." Now who will harm you if you are eager to do what is good? But even if you do suffer for doing what is right, you are blessed. Do not fear what they fear, and do not be intimidated, but in your hearts sanctify Christ as Lord. Always be ready to make your defence to anyone who demands from you an accounting for the hope that is in you; yet do it with gentleness and reverence. Keep your conscience clear, so that, when you are maligned, those who abuse you for your good

conduct in Christ may be put to shame. For it is better to suffer for doing good, if suffering should be God's will, than to suffer for doing evil. For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you — not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him. Hear the word of the Lord **Thanks be to God.**



The Gospel of our Lord Jesus Christ according to John Chapter 14, verses 15-21

Glory to you Lord Jesus Christ

Jesus said to his disciples: "If you love me, you will keep my commandments. And I will ask the Father, and he will give you another Advocate, to

be with you forever. This is the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, because he abides with you, and he will be in you. "I will not leave you orphaned; I am coming to you. In a little while the world will no longer see me, but you will see me; because I live, you also will live. On that day you will know that I am in my Father, and you in me, and I in you. They who have my commandments and keep them are those who love me; and those who love me will be loved by my Father, and I will love them and reveal myself to them."

The Gospel of the Lord

Praise to you Lord Jesus Christ.



Sentence

'Those who love me will keep my word,' Jesus promises, 'and my Father will love them, and we will come to them and make our home with them.' John 14.23

Let us now engage in some quiet reflection, or conversation and sharing, responding to the passages of scripture.. We may like to write down some key thoughts for further reflection.

I will ask the Father, and he will give you another Advocate, to be with you forever ... the Spirit of truth.

You will know that I am in my Father, and you in me, and I in you.



Faith is not about how religious we can be, but by how much we allow God in. It was recorded from Pentecost, to Paul and about many new disciples in the epistles; they all experiencing Jesus promise, the infilling of Christ's Holy Spirit in their lives. Jesus has never gone back on that promise for all of us. It is a spiritual dimension that we can not put on, but God himself imparts. A dimension that opens the eyes of our souls to see how our faith becomes a real and living thing.

prayer-time

Now let us continue to offer our prayers for healing of the world; especially for those affected by natural disasters, war and conflict; for family; for members of the parish and wider community, for the life and ministry of the Church, for encouragement in our journey of faith. . We continue to pray for a peaceful resolution to the escalating conflict in the Middle East and for cease-fires in Lebanon and Ukraine to begin and be maintained.

We continue to pray for those in our parish asking for prayer Rev Beck and family, Jo and family, Trish, Suzi, Nicole, Richard and family, Rachel, :Ann W, Joy I, David B, Cathy, Lorraine, Sue, Margaret P, Kay & Chris DeVries Lynn H, Jean T, Sue and family, Stephen, Anne, Ken, Neville B, Lisa W, Jan Y, Michael, Andrew, Colin C, Pratibha K, Jeanette B, Barbara A, Jo M, Sue Mc, Griselda, Patrusca, Rachel, Steve, Ebony, Nicole, David, Takoohi , Glenda, Margaret, Wendy, Gweneth, Jo and Ginne , Matthew, Kathryn and Keiran, Ruth, Jean N, Georgia, Pat V, Brenda, Joanie, Jan, Jac B; Eileen, Ursula P, Nicholas & Ben; Sue & Frank G, Emily and her family; Christina and any others we wish to remember, either silently or aloud

Let us say the Lord's Prayer Together

Our Father

Prayer for the day

O God, you have prepared for those who love you joys
beyond our understanding:
pour into our hearts such love for you,
that, loving you above all else,
we may obtain your promises that exceed all we can desire;
through Jesus Christ our Lord,
who is alive and reigns with you and the Holy Spirit,
one God, for ever and ever. **Amen**

Conclude the meal with the following prayer together.



***May the grace of our Lord Jesus Christ,
the love of God and the fellowship of the Holy Spirit
be amongst us and remain with us always. Amen.***

***Christ is Risen! Alleluia!
He is Risen indeed! Alleluia! Alleluia!***

Intentional connection beyond your home

After the Table Service, take the time to contact other people you know, especially those on their own or separated from family and friends. Wish them the blessings of Easter and share with them the Joy of the Resurrection, Let God guide you to the person or persons with whom you should connect. Contact them. Start a conversation: , How have you been keeping, what about this changing weather or hope you are keeping well, or was just thinking of you and decided to call.

